

No Way to Treat a Lady

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Hayley Wheatley (UK) - January 2017
音乐: That Ain't No Way To Treat A Lady - Bonnie Raitt : (Album: Nine Lives)



Music Available from iTunes and Amazon

Count In: 16 counts

Tag: Performed at the end of walls 2 and 10 (facing 6:00) and during wall 8 following count 24 (facing 12:00) then Restart the dance again.

S1: CHASSE ¼ TURN, STEP, PIVOT 1/2TURN, SHUFFLE FORWARD, ROCK FORWARD, RECOVER

1&2 Step RF to R side, Close LF next to RF, step RF to R side making ¼ turn R □ 3:00
3-4 Step fwd onto LF, Pivot ½ turn R □ 9:00
5&6 Step fwd on LF, Step RF next to LF, Step fwd on LF □ 9:00
7-8 Rock fwd onto RF, Recover onto LF □ 9:00

S2: SHUFFLE ½ TURN RIGHT, SHUFFLE ½ TURN RIGHT, SIDE STEP, TOUCH, SIDE STEP, TOUCH

1&2 Shuffle ½ turn R stepping R,L, R □ 3:00
3&4 Shuffle ½ turn R stepping L, R, L □ 9:00
5-6 Step RF to R side, Touch L toe next to RF □ 9:00
7-8 Step LF to L side, Touch R toe next to LF □ 9:00

S3: KICK BALL SIDE TOUCH, KICK BALL SIDE TOUCH, JAZZ BOX WITH CROSS

1&2 Kick RF fwd, Step onto RF, Touch L toe out to L side □ 9:00
3&4 Kick LF fwd, Step onto LF, Touch R toe out to R side □ 9:00
5-6 Cross RF over LF, Step back onto L □ 9:00
7-8 Step RF to R side, Cross LF over R

(Perform Tag here during wall 8 then Restart) □ 9:00

S4: SIDE STEP, TOUCH, KICK BALL CROSS, SIDE STEP, TOUCH, KICK BALL CROSS

1-2 Step RF to R side, Touch L toe next to RF □ 9:00
3&4 Kick LF fwd, Step LF to L side, Cross RF over L □ 9:00
5-6 Step LF to L side, Touch R toe next to LF □ 9:00
7&8 Kick RF fwd, Step RF to R side, Cross LF over R □ 9:00

Start Again!

TAG: SIDE ROCK, RECOVER, ROCK BEHIND, RECOVER

1-2 Rock RF to R side, Recover onto LF □ 6:00
3-4 Rock RF behind L, Recover onto LF □ 6:00