Keep Me Safe



拍数: 32

级数: Intermediate

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墙数:4

音乐: Take Me Home With You - Carter Sampson : (CD: Wilder Side)



#16 counts intro, starts on vocal (available at Itunes)

Section 1: Side, back rock-recover, ½ turn, sweep ¼ turn behind-side-cross, sway x 2, behind-side	
1	Long step with right foot to right side
2&3	Rock back on left foot, recover weight onto right foot, ½ turn right step back on left foot sweeping right foot from front to behind the left foot (6:00)
4&5	Still sweeping right foot do a ¼ turn right and step right foot across behind of left, step left to left side, step right foot across in front of left foot (9:00)
6-7	Step left to left side and sway body left, sway body to right and change weight to right foot
8&	Step left foot behind of right, step right to right side
Section 2:□Step, forward rock-revocer, back step x 2, ½ turn, pivot 3/8, side-behind-side-cross	
1	1/8 turn right step left forward (10:30)
2-3	Rock right foot forward on the right diagonal, recover weight onto left foot
4&5	Step right foot back, step left foot back, 1/2 turn right step forward on right foot (4:30)
6&7	Step left foot forward, pivot turn 3/8 right ending with weight on right foot across in front of left, step left foot to left side (12:00)
&8&	Step right foot behind of left, step left foot to left side, step right foot across in front of left foot
Section 3: Side, back rock-recover, ½ turn in place, coaster step, step forward, rock, recover-together	
1	Long step with left foot to left side
2&3	Rock right foot back, recover weight onto left foot, step right foot forward
4	1/2 turn left in place keeping weight onto right foot (6:00)
5&6	Step left foot back, recover weight onto right, step left foot forward
&7	Step right foot forward, rock forward onto left foot
8&	Recover weight onto right foot, step left foot next to right
Section 4:□¼ turn step side, drag, behind-side-cross, unwind ½, behind-side-cross, scissor step, side-behind	
1	1/4 turn right step long step with right foot to right side dragging left slowly towards right foot (9:00)
2&3	Step left foot behind of right, step right foot to right side, step left across in front of right foot
4	Unwind ¹ / ₂ turn right weight still on left foot sweeping right foot from front to back (3:00)
5&6	Step right foot behind of left, step left foot to left side, step right foot across in front of left
&7	Step left foot to left side, step right foot next to left
&8&	Step left foot across in front of right foot, step right foot to right side, step left foot behind of right

RESTART and ENJOY!

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