

Ugly Heart

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver / Intermediate
编舞者: Andrina K Faulds (SCO) - January 2017
音乐: Ugly Heart - G.R.L.



Intro: 16 counts after the main beat

Section 1: Step right forward and turn ¼ left to kick left to left side, left sailor step, grapevine ½ turn over right shoulder ending with left crossed over right

- 1-2 Step right forward and turn ¼ left to kick left to left side
- 3&4 Left behind right and right to right side
- 5,6,7,8 Cross right over left and then left to left side, half turn over right shoulder stepping down on right and cross left over right

Section 2: Toe switches right and left, bring left foot in on half beat and scuff right foot forward and hitch a ¼ turn right, putting weight down on right foot twist heels left right left to make another ¼ turn to the right, quarter turn right stepping right and pointing left to left side

- 1&2 Point right toe to right side and bring back to point left toe to left side
- &3&4 Bring left foot in on half beat and scuff right foot forward and hitch a ¼ turn right
- 5&6 Putting weight down on right twist heels left right left to make another ¼ turn to the right
- 7-8 Turn quarter turn right stepping right and pointing left to left side

Section 3: Drag left beside right and cross right over left, weave left side right behind left side, step left ¼, step right ¼ and left shuffle back

- &1-2 Drag left beside right and cross right over left
- 3&4 Weave left side right behind left side
- 5-6 Step left ¼ turn, step right ¼
- 7-8 Step back left and bring right in front to step back left again

Section 4: Right rock back recover onto left, kick right foot forward and jump out right left, bring right foot in and kick out left right and bring left foot in putting weight down on left foot to start the dance again

- 1-2 Right rock back recover onto left
- 3&4 Kick right foot forward and jump out right left
- 5-6&7 Bring right foot in and kick out left right
- 8 Bring left foot in putting weight down on left foot to start the dance again

Tag is on wall 4 –Miss out the last 3 steps in section 3 and restart after the ¼ turn left

Ending – on the last wall you will finish the dance facing the back and at the end step forward on the right and ½ turn over left shoulder.

Music stops and there is a few words said and then singing – jump out and in right left

Happy dancing

Contact: xandrinax@live.co.uk