Breakfast Beer

级数: Beginner

编舞者: Rob McKean (CAN) - January 2017

音乐: Breakfast Beer - Gord Bamford

Toe Heel Stomp Forward Twice, Step Lock Step Forward, 1/2 Chase Turn

- 1&2 Touch R toe to left instep, touch R heel to left instep, stomp R
- 3&4 Touch L toe to right instep, touch L heel to right instep, stomp L
- 5&6 Step forward on R, slide left up behind R, step forward on R
- 7&8 Step forward on L, pivot 1/2 turn right onto R, step forward on L.
- (Re- start here on 3rd wall)

[9 - 16] Repeat Steps 1 - 8

Touch, Turn, Touch, Hold, Behind, Ball Cross

- 17&18& Touch R toe to right side, pivot ¼ right on left and step down on R, touch L to left, hold.
- 19&20 Cross L behind R, step back onto ball of R, cross L over R

Touch, Turn, Touch, Hold, Behind ¼ turn, Step

- 21&22& Touch R toe to right side, pivot ¼ turn right on left and step down on R, touch L to left, hold
- 23&24 Cross L behind R, step forward on R making a ¼ turn right, step forward on L

Rock Rocking Chair, Side Rock, Recover, Touch, Mambo Twice

- 25&26& Rock forward on R, recover on L, rock back on R, recover on L
- 27&28 Rock side right on R, recover onto L, touch R beside L
- 29&30 Rock forward on R, recover on L, step on R beside L
- 31&32 Rock back on L, recover on R, step on L beside R

Repeat

Tag: There is one Tag at the end of the 6th sequence. Stomp the R and L in place.





拍数: 32

墙数:4