## Now and Later



拍数: 32 墙数: 4 级数: Intermediate WCS

编舞者: Emil Zetterström (SWE) - January 2017

音乐: Now and Later - Sage the Gemini



(Intro: 16 counts)

| 2x Stepturn step. | lockstep diagonal.  | 1/8 turn rock recover ste    | p ½ turn. turn 3/8    |
|-------------------|---------------------|------------------------------|-----------------------|
| ZX Otoptain otop, | iookotop alagoriai, | 1/0 (0111 100)( 1000 101 010 | p /2 tarri, tarri 0/0 |

| 1 & 2 | Step RF forward, turn ½ left weight on LF, step RF forward            |
|-------|---|
| 3 & 4 | Step LF forward, turn ½ right weight on LF, cross LF slightly over RF |
| & 5   | Step RF to right diagonal forward, cross LF slightly over RF          |

6 & 7, 8 Turn 1/8 right step RF forward, recover back on LF, ½ turn right step RF forward, 3/8 turn

step LF to left

## Point, step, Weave ¼ turn, mambo step, flick, turn ¼, step out

| 1, 2  | Point RF behind left, step RF to right  |
|-------|---|
| 3 & 4 | Cross LF behind RF, step RF to right, turn ½ turn right step LF forward (3:00)      |
| 5 & 6 | Step RF forward, recover back on LF, step RF back                                   |
| 7 & 8 | Brush LF backwards into a flick, twist LF into a hitch turn ¼ left, step LF to left |

## Swivel heels ¼ turn, coasterstep, brush step ¼ turn, weave ¼

| 1, 2  | Swivel both heels to left, swivel both heels to right turn ¼ left weight on RF (9:00) |
|-------|---|
| 3 & 4 | Step LF back, step RF next to LF, step LF forward                                     |
| 5, 6  | Brush RF forward, turn ¼ right step RF to right (12:00)                               |
| 7 & 8 | Cross LF behind RF, step RF to right, turn ¼ to right step LF forward                 |

## Walk 2x, backward sailerstep, cross, side, touch a prep, 2 full spiralturn

| Train ZA, Daoitt | rara cancrotop, crocc, crac, todorra prop, 2 ran opiralari   |
|------------------|--|
| 1, 2             | Step RF forward, step LF forward   |
| 3 & 4            | Cross RF infront of LF, step LF next to RF, step RF to right   |
| 5 & 6            | Cross LF infront of RF, step RF to right, put LF toe behind RF turn body slightly right  |
| 7, 8             | Start turn $\frac{1}{2}$ turn left with LF still on the ground (now cross infront) now turn 1 $\frac{1}{2}$ turn, finish step LF forward |

Contact: Emil.zetterstrom93@gmail.com

Last Update - 7th Feb 2017