

Gotta Dance For Us (aka Some Days We Gotta Dance) (P)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 0 级数: Intermediate Partner
编舞者: Michael Schmidt (DE) - December 2016
音乐: Some Days You Gotta Dance - Keith Urban : (just 1 easy restart)



Adapted from the line dance "Some Days You Gotta Dance" □□□

Alternative: □Bing Bang Boom - Highway 101 [173 bpm] (NO restart)

(Suggestions) □

One More Last Chance - Vince Gill [177 bpm] (NO Restart) (played by local bands)

Find Out What's Happenin' - Tanya Tucker [176 bpm] (NO restart)

Drinkin' Dark Whiskey - Garry Allan [174 bpm] (NO restart)

The Fireman - George Strait [170 bpm] (NO restart) (played by local bands)

South Side Of Dixie - Vince Gill [172 bpm] (NO restart)

Info: "Some Days You Gotta Dance" Start after 48 counts (or 8 counts after vocals "ahaa")

There is a Restart for "Some Days You Gotta Dance" only !

Position: Right Shoulder to Right Shoulder, slightly diagonal, holding Right Hands

Man facing LOD, Lady in front of Man facing RLOD,

Same footwork except where noted

Sec 1: □M: Right Rock, Recover, Back, Hold, Left Coaster Step, Scuff

Sec 1: □L: Right Rock Back, Recover, Step, Hold, ¼ Turn, ¼ Turn, Together, Scuff

1-4 M: Rock Right forward, Recover Weight onto Left, Step Right next to Left, Hold

1-4 L: Rock Right back, Recover Weight onto Left, Step Right next to Left, Hold

5-8 M: Step Left Back, Recover Weight onto Right, Step Left forward, Scuff Right forward

5-8 L: ¼ Turn left stepping Left forward, ¼ Turn left stepping back on Right

(The Lady turns towards Man's right side), Step Left next to Right, Scuff Right forward (LOD)

*□keep right Hands & join left Hands after Lady's turn ending in Sweetheart Position

Sec 2: □Right Step Lock Step, Scuff, Left Step Lock Step, Scuff

1-4 Step Right forward, Lock Left behind Right, Step Right forward, Scuff Left forward

5-8 Step Left forward, Lock Right behind Left, Step Left forward, Scuff Right forward

Sec 3: □½ Turn Back, Hold, Back Lock Back, Kick (Hitch)

1-4 ¼ Turn left stepping Right to right side, Step Left next to Right, ¼ Turn left stepping Right back, Hold (RLOD)

5-8 Step back on Left, Lock Right in front of Left, Step back on Left, Kick Right slightly forward

(Option for count 8: Lift Right Knee)

*□release left Hands on count 1, raise right Arms over Lady's Head, rejoin left Hands in front after the Turn (Reverse Hammerlock), both facing RLOD

Sec 4: □Right Coaster Step, Hold, Step ¼ Turn Cross, Hold

1-4 Step Right Back, Step Left next to Right, Step Right forward, Hold

5-6 Step Left forward, ¼ Turn Right (weight onto Right) (ILOD)

7-8 Cross Left over Right, Hold

*□keep Hands turning into Indian Reverse Position (the Lady behind the Man), both facing inside

Sec 5: □Side, Touch, ¼ Turn, Scuff, ¼ Turn, Touch, ¼ Turn, Scuff

1-2 Step Right to right side, Touch Left beside Right

3-4 ¼ Turn left stepping forward onto Left, Scuff Right forward (RLOD)

5-6 ¼ Turn left stepping Right to right side, Touch Left beside Right (OLOD)

7-8 ¼ left stepping forward onto Left, Scuff Right forward (LOD)

*□release right Hands on count 3, raise left Arms back over Lady's Head, rejoin right Hands on count 5 back into Sweetheart Position

Sec 6: □Run Run Run, Kick, M: Back Back Back, Hold (L: ¼ Turn, Together, ¼ Turn, Hold)

1-4 3 small Steps (Runs) forward (R-L-R), Kick Left forward

5-8 M: 3 small Steps back (L-R-L), Hold

5-8 L: ¼ Turn left stepping Left slightly to left side, Step Right next to Left, ¼ Turn left stepping slightly forward onto Left, Hold (RLOD)

*□keep Hands, on count 5 raise right Arms over Lady's Head, the Lady is (slightly diagonal) in front of the Man, finish Hands crossed in front, right Hands on top

Sec 7: □Scissor Step Right, Hold, Scissor Step Left, Hold

1-4 Step Right to right side, Step Left next to Right, Cross Right over Left, Hold

5-8 Step Left to left side, Step Right next to Left, Cross Left over Right, Hold

*□release left Hands on count 4, keep right Hands ending into Start Position facing each other.

*** Restart here in Round 2 (ONLY for the main title "Some Days You Gotta Dance" see note below)

Sec 8: □Jazzbox with Toe Struts

1-2 Cross Right Toe over Left, Drop Right Heel down

3-4 Touch Left Toe back, Drop Left Heel down

5-6 Touch Right Toe to right side, Drop Right Heel down

7-8 Touch Left Toe next to Right, Drop Left Heel down

.... hold your girl, smile & have fun

*** Restart: [Note: for "Some Days You Gotta Dance" only]

(Easy restart) Round 2 – restart after 56 Counts

(For harmonic split floor with the line dance version "Some Days You Gotta Dance" by Michael Schmidt)

Channels

Song:□<https://www.youtube.com/watch?v=glqkuvpYZNM>□(Keith Urban)

<https://www.youtube.com/watch?v=zHZ3plhLSJc>□(Highway 101)

Dance:□coming soon

youtube: □<https://www.youtube.com/user/BootsInTrouble/videos>

<https://www.youtube.com/channel/UCqOj9WcP-R8-om1uklJoZPA>

vimeo:□<https://vimeo.com/bootsintrouble/>
