

El Amor Que Perdimos

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: High Beginner
编舞者: Sonja Hemmes (USA) - February 2017
音乐: El Amor Que Perdimos - Prince Royce : (Album: - Prince Royce)



Start dance after 32 counts

Alt Music: La Fiesta By Salsa (Start after 48 counts. 1 restart 6th rotation after 16 counts)

S1: ROCK FORWARD, TRIPLE STEP, ROCK BACK, TRIPLE STEP

- 1-2 Rock forward on right, return weight on left
- 3&4 Step right next to left, step left in place, step right in place
- 5-6 Rock back on left, return weight on right
- 7&8 Step left next to right, step right in place, step left in place

S2: WEAVE LEFT, LEFT SAILOR STEP, HOLD

- 1-3 Step right across left, step left to left side, step right behind left
- 4-6 Swing left behind right stepping left behind right, step right to right side
- 7-8 Step left in front of right, hold

S3: STEP DRAG, SWIVEL HIPS & HEELS, RIGHT THEN LEFT

- 1-2 Step right to right side, drag left next to right
- 3-4 Swivel hips & heels to the left then to the right
- 5-6 Step left to left side drag right next to left
- 7-8 Swivel hips & heels to the right then to the left

S4: NIGHT CLUB RIGHT, NIGHT CLUB LEFT TURNING 1/4 RIGHT

- 1-4 Step to right side, drag left next to right, rock back on left, step forward on right
- 5-8 Step to left side, drag right and rock back turning 1/4 right, step forward on left

S5: MAMBO RIGHT, MAMBO LEFT WITH HOLDS

- 1-4 Step right to right side, step left in place, step right next to left, hold
- 5-8 Step left to left side, step on right in place, step left next to right, hold

S6: MAMBO FORWARD, MAMBO BACK WITH HOLDS

- 1-4 Step right forward, step on left, step right next to left, hold
- 5-8 Step left back, step on right in place, step left next to right, hold

S7: LOCK STEP FORWARD WITH BRUSHES

- 1-4 Step forward on right, step left behind right, step right forward, brush left forward
- 5-8 Step forward on left, step right behind left, step left forward, brush right forward

S8: PADDLE 1/2 TURN LEFT

- 1-8 Step right forward, turn 1/8 left, stepping on left, repeat 3 more times for 1/2 turn

#2 RESTARTS:

On the 4th rotation, after 32 counts, facing the 6 o'clock wall, Restart the dance
On the 7th rotation, after 56 counts, facing the 3 o'clock wall, Restart the dance