

Begin The Beguine (For Beginners)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Beginner
编舞者: Yvonne (Krause) Halsey (USA) - June 2016
音乐: Begin the Beguine - The Limeliter



[1-8] □□RUMBA BOX TO RIGHT THEN STEP FORWARD

1-4 Step right to right side, step left next to right, step forward right, hold.
5-8 Step left to left side, step right next to left, step back on left, hold.

[9-16] □□ROCK BACK RECOVER STEP FORWARD, HOLD, LEFT LOCK STEP

1-4 Rock back on right, recover onto left, step forward on right, hold.
5-8 Step forward left, lock right behind left, step forward left, hold.

[17-24] □□REVERSE RUMBA BOX RIGHT THEN STEP BACK

1-4 Step right to right side, step left next to right, step back on right, hold.
5-8 Step left to left side, step right next to left, step forward on left, hold.

[25-32] □□ROCK FORWARD RECOVER STEP BACK, HOLD, LEFT LOCK STEP BACK

1-4 Rock forward on right, recover on left, step back on right, hold.
5-8 Step back on left, lock right across left, step back on left, hold.

[33-40] □□SCISSOR STEPS RIGHT & LEFT W/HOLDS

1-4 Rock right out to right side, step left next to right, cross right over left, hold.
5-8 Rock left out to left side, step right next to left, cross left over right, hold.

[41-48] □□STEP TOGETHER W/1/4 TURN RIGHT, STEP LOCK STEP FORWARD

1-4 Step right to right side, step left next to right, step forward right making ¼ turn right, hold.
5-8 Step forward on left, lock right behind left, step forward on left, hold.

[49-56] □□ROCK RECOVER W/1/4 TURN RIGHT, STEP LOCK STEP FORWARD

1-4 Rock forward on right, recover on left, step forward as you turn ¼ turn right, hold.
5-8 Step forward on left, lock right behind left, step forward on left, hold.

[57-64] □□ROCKING CHAIR, JAZZ BOX W/CROSS □

1-4 Rock forward on right, rock back on left, rock back on right, rock forward on left.
5-8 Cross right over left, step back on left, step right to right side, cross left over right.

TAG: □ There is an 8-count tag after the third time around. Do the following:
Two scissor steps-one right and one left w/holds.

May You Always Dance Like No One Is Watching

Contact: ykrause@yahoo.com