

Gone So Long

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Trine Haukø Lund (NOR) - February 2017
音乐: Why You Been Gone So Long - Gerry Guthrie



#16 counts intro

Section 1: Step, touch fwd L, clap, step touch backwards R, clap, coaster step L, step, touch fwd R, clap, step, touch backwards L, clap, coaster step R

- 1&2& Step LF diagonal forward, touch RF behind LF, clap, step RF diagonal backwards, touch LF next to RF, clap
3&4 Step LF backwards, step RF next to LF, step LF forward
5&6& Step RF diagonal forward, touch LF behind RF, clap, step LF diagonal backwards, touch RF next to LF, clap
7&8 Step RF backwards, step LF next to RF, step RF forward

Section 2: Scissor step 1/4 turn R, 1/2 turn L, cross R, rhumba box

- 1&2 Step LF forward, turn 1/4 R(3.00), step RF next to LF, cross LF over RF
3&4 Turn 1/4 L(12.00), step RF backwards, turn 1/4 L(9.00), step LF to L, cross RF over LF
5&6 Step LF to L, step RF next to LF, step LF forward
7&8 Step RF to R, step LF next to RF, step RF backwards

Restart here in wall 5

Section 3: Walk backwards L, clap, R, clap, coaster step L, shuffle fwd R, step 1/2 turn R

- 1&2& Walk with toe, heel backwards LF, clap, walk with toe, heel backwards RF, clap
3&4 Step LF backwards, step RF next to LF, step LF forward
5&6 Step RF forward, step LF next to RF, step RF forward
7&8 Step LF forward, turn 1/2 R(3.00), recover on RF, step LF forward

Section 4: Heel, hook, heel, hitch R, coaster step R, heel, hook, heel, hitch L, coaster touch L

- 1&2& Touch RH forward, hook RF in front of LF, touch RH forward, hitch RK
3&4 Step RF backwards, step LF next to RF, step RF forward
5&6& Touch LH forward, hook LF in front of RF, touch LH forward, hitch LK
7&8 Step LF backwards, step RF next to LF, touch LF next to RF

Restart in wall 5 after count 7&8 in section 2, facing 9 o'clock