Grasp The Youth



拍数: 32 墙数: 4 级数: Beginner

编舞者: Irene Deng (TW) - February 2017

音乐: Nian Qing Bu Yao Liu Ba (年輕不要留白) - City Girls (城市少女)



Intro: 32 Count (Approx. 13 Seconds Into Track) 2:48 iTunes 146 bpm

S1: CROSS, POINT, CROSS, POINT, BACK, KICK, LOCK STEP

1 – 4 Cross R over L, Point L toe to L side, Cross L over R, Point R toe to R side

5,6,7&8 Step R back, Kick L Fwd, Step L back, Cross R over L, Step L back

S2: GRAPEVINE, TOUCH, SIDE, TOUCH, SIDE, TOUCH

1 – 4 Make 1/4 turn R, Step Rf fwd, Make 1/2 turn R, Step Lf back, Make 1/4 turn R, Step Rf to R

side, Touch LF beside RF

5 – 8 Step Lf to L side, Touch Rf to beside L, Step Rf to R side, Touch Lf to beside Rf, (12:00)

S3: 1/4 L WALK, WALK, 1/4 RIGHT STEP, KICK DIAGONAL, 1/8 R, WALK, WALK, 1/4 L STEP, KICK DIAGONAL

1 – 4 Make 1/4 turn L walk Lf, Rf, 1/4 turn R step Lf to L side, Kick Rf to diagonal (1:30)

5 – 8 Make 1/4 turn R walk Rf, Lf, 1/4 turn L step Rf to R side, Kick Lf to diagonal (10:30)

S4: 1/8 TURN L, SIDE, RECOVER, SWAY X3, ROCKING CHAIR

1,2,3&4 Make 1/8 turn L, Step Lf to L side, Recover onto Rf, Step Lf beside Rf, Sway hips L R L

(9:00)

5 – 8 Step Rf forward, Recover onto Lf, Step back on Rf, Recover onto Lf

TAG (4 COUNTS): ROCKING CHAIR

1 – 4 Step Rf forward, Recover onto Lf, Step back on Rf, Recover onto Lf

TAG: To be added at the end of wall 3 facing(3:00), wall 4 facing(12:00), wall 9 facing(9:00) & wall 10 facing(6:00)

Ending: End of 8 counts wall 12, facing 3:00 turn L & pose

Start Again And Enjoy !!!

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