

Fill-a Me Up (Christian Song)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Ultra Beginner
编舞者: Betty Lee (CAN) - February 2017
音乐: Fill-a Me Up



SECTION 1: R SUGAR FOOT, CROSS, HOLD; L SUGAR FOOT, CROSS, HOLD

1-4 Touch R toes to instep of LF, Touch R heel to instep of LF, Cross R over L, Hold
5-8 Touch L toes to instep of RF, Touch L heel to instep of RF, Cross L over R, Hold

SECTION 2: WEAVE TO R, SIDE ROCK, CROSS, HOLD

1-4 Step R to R, Step L behind R, Step R to R, Cross L over R
5-8 Rock step R to R side, Recover onto L, Cross R over L, Hold

SECTION 3: WEAVE TO L, FORWARD ROCK, ¼ L SIDE, HOLD

1-4 Step L to L, Step R behind L, Step L to L, Cross R over L
5-8 Step forward L, Recover onto R, ¼ turn L stepping L to side, Hold

SECTION 4: R FORWARD MAMBO, HOLD, L BACK MAMBO, HOLD

1-4 Step forward R, Recover to L, Step R back slightly, Hold
5-8 Step back L, Recover to R, Step forward L slightly, Hold

REPEAT

God is good, God is Love!

Please email me @ bettysmlee@live.ca for music.
