

拍数: 32

级数: Improver - Funky

编舞者: Trine Haukø Lund (NOR) - February 2017

墙数:4

音乐: Country Boy Swag - Cypress Spring

#16 counts intro	
Section 1: Rock R, touch L □	RF diagonal fwd, recover on LF, apple jack R-L, 1/4 R with slide fwd, step R, together L, step
1-2	Rock RF diagonal to R, at the same time lift both arms (with attitude), step RF next to LF
3&4&	Lift LH and RT, step both feet in center, lift LT ant RH, step both feet in center
5-6	Turn 1/4 R(3.00), slide forward on RF, step LF next to RF
7&8&	Step RF to R, knees out, step LF next to RF, knees in, step RF to R, knees out, touch LF next to RF, knees in
Section 2: Cross rock L, recover R, slide backwards, coaster step R, 1/4 R, point X 2, hip circle L	
1&2	Cross rock LF over RF, recover on RF, step/slide LF backwards
3&4	Step RF backwards, step LF next to RF, step RF forward
5-6	Turn 1/4 R(6.00), point LF to L, turn 1/4 R(9.00), point LF to L
7-8	Put weight on LF, circling hips counter clockwise from L to R, touch RF next to LF
Section 3: Step diagonal fwd, R, hitch R, shuffle diagonal fwd R, jazz box L, cross rock R, recover, step R	
1-2	Step RF diagonal forward, close LF behind RF, and hitch RK
3&4	Step RF diagonal forward, close LF behind RF, step RF forward
5&6	Cross LF over RF, step RF backwards, step LF to L
7&8	Cross rock RF over LF, recover on LF, step RF to R
Section 4: Swivel LH, swivel RH, shuffle 1/4 turn L, 3/4 turn L, walk R-L-R-L	
1&2&	Stand on both feet, lift LH, and swivel to R, LH back to center, lift RH, and swivel to L, RH back to center
3&4	Step LF to L, step RF next to LF, turn 1/4 L(6.00), step LF forward
5-8	Turn 3/4 L(9.00) and, walk R-L-R-L
No Tags Or Restarts, just have fun and get funky:-)	

