Old Time Rock & Roll

级数: Beginner

编舞者: Anna Korsgaard (DK) - February 2017

音乐: Old Time Rock & Roll - Michael Bolton

拍数: 32

Sec.: 1. Forward Rock, Triple ¹/₂ turn x 2, Back Rock

- 1 2 Rock fwd. on Right, Recover on Left.
- 3&4 Triple Right, Left, Right in place turning $\frac{1}{2}$ to the Right. (06:00)
- 5&6 Triple Left, Right, Left in place turning ¹/₂ to the Right. (12:00)
- 7 8 Rock Back on Right, Recover on Left.

Sec.: 2. Right Side Chasse, Back Rock, Left Side Chasse, Behind 1/4 turn Left

- 1&2 Step Right to Right, Step Left beside Right, Step Right to Right.
- 3 4 Rock back on Left, recover on Right.
- 5&6 Step Left to Left, Step Right beside Left, Step Left to Left.
- 7 8 Step Right behind Left, Make a 1/4 turn Left by stepping Left Fwd. (09:00)

Sec.: 3. Kick Ball change x 2 Cross Point x 2

- 1&2 Kick Right fwd. Step ball of Right beside Left. Step Left in place.
- 3 & 4 Kick Right fwd. Step ball of Right beside Left. Step Left in place.
- 5 6 Cross Right over Left, Point Left to Left side.
- 7 8 Cross Left over Right, Point Right to Right Side.

Sec.: 4. Paddle Turn Left x 2, Jazzbox

- 1 2 Step fwd. Right, make 1/4 turn Left. (use your hips to paddle)
- 3 4 Step fwd. Right, make 1/4 turn Left. (03:00)
- Cross Right over Left, Step back on Left. 5 - 6
- 7 8 Step Right to Right side, Step fwd. on Left.

Repeat

Enjoy and have fun, it makes you happy.

Contacts: Email: aklinedance@gmail.com





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