

Just Let Me Cry

COPPER KNOB
STEPSHEETS

拍数: 56 墙数: 2 级数: Phrased Intermediate
编舞者: Roy Verdonk (NL) & Sebastiaan Holtland (NL) - February 2017
音乐: Cry (feat. City Fidelia) - James Maslow : (Album: Cry - iTunes & other mp3 sites)



Introduction: Start on approx 17 sec, at the words "Let It Go"

Sequences: A,A,B, A,A,B, B, B8, ending.

Pattern A: 32 counts:

A I. [1-8] Side, Hold, Side Rock / Recover, Cross, Side, Sailor Step R.

- 1-2 Step R to R, Hold.
- &3-4 Step L beside R, Step R to R, Recover back onto L.
- 5-6 Step R across L, Step L to L.
- 7&8 Step R behind L, Step L to L, Step R to R.

A II. [9-16] Cross, Hold, Ball, Cross Shuffle, Hip Swings R, L, R, L.

- 1-2& Step L across R, Hold, Step R slightly R on ball.
- 3&4 Step L across R, Step R slightly to R, Step L across R.
- 5-8 Step R to R bump R hip to R, Bump L hip to L, Bump R hip to R, Bump L hip to L.

A III. [17-24] ¼ Sailor Turn R, Cross, Side, L Sailor Step, R Toe Strut Across.

- 1&2 Step R behind L, Making ¼ turn R (3) step L to L, Step R to R.
- 3-4 Step L across R, Step R to R.
- 5&6 Step L behind R, Step R to R, Step L to L.
- 7-8 Step R across L on toes, Put R heel down.

A IV. [25-32] ¼ Turn R, Back, Back, Touch, Step, Camel Walks R, L, R, L.

- 1-4 Making ¼ turn R (6) step L back, Step R back, Touch L forward, Step L forward.
- 5-6 Step R forward while you pop L knee forward, Step L forward while you pop R knee forward.
- 7-8 Step R forward while you pop L knee forward, Step L forward while you pop R knee forward.

Pattern B: 24 counts:

B I. [1-8] 2x Basic Nightclub R, L, ¼ Turn R with Sweep L, Cross Rock / Recover, 3x Step ½ Turn L.

- 1,2& Step R to R drag L, Step L beside R, Step R across L.
- 3,4& Step L to L drag R, Step R beside L, Step L across R.
- 5,6& Making ¼ turn R step R forward and sweep L from back to front, Step L across R, Recover back onto R.
- 7,8& Making ½ turn L step L forward, Continue a ½ turn L step R back, Continue ½ turn L step L forward.

(Optional 3x ½ Turn L: ½ Turn L walks L, R, L).

B II. [9-16] Step ¾ Turn L, Full Unwind R, Sweep, Sailor Step R, Syncopated Cross Sailors with ¼ Turn R.

- 1-2 Step R forward, Making ¾ turn L over both feet ending weight onto L (check).
- 3 Unwind a full turn R and sweep R from front to back.
- 4&5 Step R behind L, Step L to L, Step R to R.
- 6&7 Step L across R, Step R to R, Step L to L.
- &8& Step R across L, Making ¼ turn R step L to L, Step R to R.

B III. [17-24] Cross Rock / Recover, Syncopated Weave L, Sweep, Syncopated Weave R, Sweep, Syncopated Weave L, ¼ Turn R, Back, Side, Cross.

- 1-2 Step L across R forward, Recover back onto R,
- &3 Step L slightly to L, Step R across L and sweep L from back to front.
- 4&5 Step L across R, Step R to R, Step L behind R and sweep R from front to back.

6&7 Step R behind L, Step L to L, Step R across L.
&8& Making ¼ turn R step L back, Step R to R, Step L across R.

REPEAT DANCE AND HAVE FUN!!

Dance Edit, email: royverdonkdancers@gmail.com / sm oothdancer79@hotmail.com
