Dance For Evermore

级数: Improver



编舞者: Laura Sway (UK) - February 2017

音乐: Dance for Evermore - Si Cranstoun

墙数:2

Notes: x2 Restarts :-) Count in: 16 counts

[1-8] Figure of 8 to the R

拍数: 64

- 1234- Step right to right side, step left behind right, step right ¹/₄ turn to the right, step forward on the left.
- 5678- Continue to turn to face 12.00over right shoulder, step left to left side, step right behind left, step left ¼ turn left. (9.00)

[9-16] x2 Toe struts Fwd, R rocking chair

- 1234- Touch right toe forward, push heel down, repeat on the left foot.
- 5678- Rock forward on the right, recover weight onto left, rock back on the right, recover weight onto left.

[17-24] x2 pivot ¼ turns L, R jazz box with a cross.

1234- step forward on the right, pivot ¼ turn left. Repeat again (3.00) (optional-circle hips)

5678- cross right over left, step back on the left, step right slightly to right side, step left across right.

[25-32] Shimmy to the R, touch L, Grapevine L touch R

1234- making a big step right shimmy shoulders and touch left beside right on count 4.

5678- Step left to left side, step right behind left, step left to left side, touch right slightly to right side. (Restart here on wall 3... Grapevine ¼ turn touch facing 12.00. Restart)

[33-40] Turning vine R scuffing L foot, L shuffle fwd step pivot $\frac{1}{2}$ L.

- 1234- Travelling to the right make a full turn stepping right left right , scuff the left foot.
- 5&678- step forward on the left, step right to left, step forward on the left, step forward on the right,
- pivot $\frac{1}{2}$ turn over left shoulder weight on the left.

[41-48] x2 walks R,L , R shuffle fwd, Step L pivot ¼ R, cross L, Clap.

123&4- step forward on the right, step forward on the left, Step forward on the right, step left to right, step forward on the right.

5678- step forward on the left, pivot ¼ turn right (12.00) step left across right, clap.

[49-56] ¼ Monterey R, together, twist heels toes heels toes.

- 1234- Point right to right side, close right to left making ¼ turn right, point left to left side, step left next to right. (3.00)
- 5678- twist both heels to right, both toes, both heels, both toes.

(Restart here on wall 6- change to x2 Monterey ¼ turns to face back wall 6.00 restart)

[57-64] ¼ Monterey R, together, jump fwd clap, jump back clap.

- 1234- Point right to right side, close right to left making ¹/₄ turn right (6.00) point left to left side, step left next to right.
- &56&78- jump feet forward step out right left, clap, jump back in stepping right left, clap.

END OF DANCE !

RESTARTS:-

Wall 3- Section 4 take the grapevine on counts 5678 ¼ turn to the front wall, touch right beside left. Ready to restart the dance.

Wall 6- section 7 after the first Monterey $\frac{1}{4}$ turn, miss the twists out and go straight into another Monterey $\frac{1}{4}$ turn right facing the back wall, restart the dance again.

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