## The Lady Song

拍数： 80
壇数： 2
级数：Phrased Advanced
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音乐：I＇m a Lady－Meghan Trainor ：（From The Motion Picture Smurfs：The Lost Village －Tunes \＆other mp3 sites）

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Introduction: 32 counts, start on approx 11 sec.
Sequence: A, B16, Tag*, A, B, A, B, B ending 12 o`clock.
Pattern A: 48 counts.
A[1-8] Fwd Toe Strut R, Side Toe Strut L, Back, Together, 1/4 Pivot Turn L.
1-4 Step R forward on toes, Put R heel down, Step L to L on toes, Put L heel down.
5-8 Step R back, Step L beside R, Step R forward, Pivot }1/4\mathrm{ turn L (9) onto L.
A[9-16] Toe Strut Across, 1/4 Turn R, Toe Strut Back, Side, Cross, Side Rock / Recover.
1-4 Step R across L on toes, Put R heel down, Making 1/4 turn R (12) step L back on toes, Put L
    heel down.
5-8 Step R to R, Step L across R, Step R to R, Recover back onto L.
A[17-24] Cross, Kick L (diag), Weave R, Hold, & Cross, Side Point R.
1-6 Step R across L, Kick L diagonal out L, Step L behind R, Step R to R, Step L across R, Hold.
7&8 Step R slightly to R, Step L across R, Point R out to R.
A［25－32］Cross， \(1 / 4\) Turn R，Back，Touch Fwd，Replace，Scuff with \(1 / 2\) Turn L，Knee Lift L．
1－4 Step R across L，Making \(1 / 4\) turn R（3）step L back，Step R back，Touch L forward．
5－8 Step \(L\) back in place，Scuff \(R\) forward，Making \(1 / 2\) turn \(L\)（9）step \(R\) back in place，Lift \(L\) knee up．
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A［33－40］Syncopated Hip Bumps L，R，L，Side，Together，Step，Fwd Rock／Recover，Jump Both Feet Apart， Hold．
1\＆2 Step L to L，Bump L hip to L，Bump R hip to R，Bump L hip to L．（9．00）
3\＆4 Step R to R，Step L beside R，Step R forward．
5－6 Step L forward，Recover back onto R．
\＆7－\＆8 Jump Both feet apart（\＆7），Hold（\＆8）．
A［41－48］\＆Cross， $1 / 4$ Diamond L，Runs Fwd L，R，L，Knee Lift R with 1 14 Turn L，Runs Fwd R，L，R，Knee Lift L with $1 / 4$ Turn L．
\＆1\＆2 Step R beside L，Cross L over R，Step R to R，Making 1／8 turn（7．30）step L back．
3\＆4 Step $R$ back，Step $L$ to $L$ squaring up at（6：00），Step $R$ forward．
5\＆6 Making $1 / 4$ turn $L$（3）stepping $L$ forward，Stepping R forward，Stepping L forward and lift R knee up．
7\＆8 Making $1 ⁄ 4$ turn $L$（12）stepping $R$ forward，Stepping $L$ forward，Stepping $R$ forward and lift $L$ knee up．

Pattern B： 32 counts．
B［1－8］Stomp \＆Flick，Stomp，Sailor Step，Together，Fwd Rock／Recover，Sweep L with $1 / 4$ Turn L，Sailor Step，Together．
1\＆2 Stomp L back in place，Flick R heel up behind L，Stomp R back in place．
3\＆4\＆Step L behind R，Step R to R，Step L to L，Step R beside L．
5－6
Step $L$ forward，Recover back onto $R$ ，Making $1 / 4$ turn $L$ and sweep $L$ from front to back．
7\＆8\＆Step L behind R，Step R to R，Step L to L，Step R beside L．
B［9－16］Fwd Rock／Recover，Sweep L with $1 / 4$ Turn L，Replace，Knee Pop Fwd，Small Step Back，Knee Pop

## Fwd, 2x Syncopated Kick \& Hip Bumps Travelling Fwd.

1-2 Step L forward, Recover back onto R, Making $1 / 4$ turn $L$ and sweep $L$ from front to back.
3\&4 Step $L$ back in place and pop $R$ knee forward, Step $R$ back in place. Step $L$ slighlty back and pop $R$ knee forward.
5\&6\& Kick R forward, Step $R$ back in place, Step $L$ to $L$ and bump $L$ to $L$, Recover back onto $R$.
7\&8\& Kick L forward, Step L back in place, Step R to $R$ and bump $R$ to R, Recover back onto L.
(NB: Tag here in 1st of part $B$ after 16 counts, after start again with $A$ (facing 6 o'clock).
B[17-24] Side, Together, Side \& Low Kick L, Weave R, Recover \& Side, Cross Shuffle R, Side \& Back 1\&2 Step R to R, Step L beside R, Step R to R, Kick low L out to L.
3\&4
Step $L$ behind R, Step R to R, Step L across R.
5\&6\&7 Recover back onto R, Step L to L, Step R cross L, Step L slightly to L, Step R across L.
\&8
Step L to L, Step R back ( Note technical: diagonal )
B[25-32] Back, $1 / 4$ Turn R, Side, Step, Cross Samba with $1 / 4$ Turn R, Side Chasse with $1 / 4$ Turn L, Back, $1 / 4$ Turn L, Side, Stomp.
$1 \& 2 \quad$ Step $L$ back, Making $1 / 4$ Turn $R$ and step $R$ to $R$, Step $L$ forward.
$3 \& 4$
5\&6
Step $R$ across $L$, Making $1 / 4$ Turn $R$ and step $L$ slightly to $L$, Step $R$ slightly to $R$.
Step $L$ to $L$, Step $R$ beside $L$, Making $1 / 4$ turn $L$ and step $L$ forward.
Step $R$ back, Making $1 / 4$ turn $L$ and step $L$ to $L$, Stomp $R$ beside $L$.
TAG: Back, $1 / 4$ Turn L, Side, Step, Cross, $1 / 4$ Turn R, Back, $1 / 4$ Turn R, Side, Cross, Side, Together, Side \& Low Kick L, Side Chasse with $1 / 4$ Turn L.
$1 \& 2 \quad$ Step $R$ back, Making $1 / 4$ Turn $L$ and step $L$ to $L$, Step $R$ across $L$.
3\&4 Making $1 / 4$ turn $R$ and step $L$ back, Continue a $1 / 4$ turn $R$ and step $R$ to $R$, Step $L$ across $R$.
5\&6 Step R to R, Step L beside R, Step R to R, Kick low L out to L.
7\&8 Step L to L, Step R beside L, Making $1 / 4$ turn $L$ and step $L$ forward.
REPEAT DANCE AND HAVE FUN!!
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