After All



拍数: 32 墙数: 4 级数: High Beginner

编舞者: Lesley Miller (UK) - January 2017 音乐: Human - Rag'n'Bone Man: (iTunes)



Section 1: ☐ Weave, Night Club Basic

1 & 2 & Step RF to R side, LF behind R, RF to R side, LF over R, Long step RF to R side, Hold, rock back on LF, replace RF

Section 2: ☐ Weave, Night Club Basic

5 & 6 & Step LF to L side, RF behind L, LF to L side, RF over L,
7 8 & Long step LF to L side, Hold, rock back on RF, replace LF

Section 3: ☐Toe, Heel, Step & hold x2

1 & 2 & Touch Toe of RF at the back, Scuff R Heel forward, step RF, hold 3 & 4 & Touch Toe of LF at the back, Scuff L Heel forward, step LF, hold

Section 4: ☐Rocking chair RF, step ¼ turn L, stamp R, L in place

5 & 6 & Rock RF forward, replace LF, Rock RF backwards, Replace LF

7 & 8 & Step forward onto RF, ¼ turn pivot to L, Stamp RF to L, Stamp LF in place

Section 5: ☐ Step Tap forward x4

1&2&3&4& Step forward RF, Tap L to R, Step forward LF, Tap R to L, Step forward RF, Tap L to R, Step forward LF, Tap R to L (slight skating action)

Section 6: ☐ Taps to side 2 to R 2 to L

Tap R to R side, Tap R to gether, Tap R to R side, Step RF together (sliding action) Tap L to L side, Tap L to L side, Step LF together (sliding action)

Section 7: ☐ Step Tap backward x4

1&2&3&4& Step backward RF, Tap L to R, Step backward LF, Tap R to L, Step backward RF, Tap L to R, Step backward LF, Tap R to L (slight skating action)

Section 8: ☐ Taps to side 2 to R 2 to L

5&6&7&8& Tap R to R side, Tap R to gether, Tap R to R side, Step RF together (sliding action)Tap L to L side, Tap L together, Tap L to L side, Step LF together (sliding action)

Note Tag at the end of wall 6 facing the back – Repeat Section 8.