

Beautiful Disaster

拍数: 48 墙数: 2 级数: Intermediate NC2S
编舞者: Jill Babinec (USA) & Scott Schrank (USA) - February 2017
音乐: Beautiful Disaster - Jon McLaughlin : (Album: Indiana - Single - iTunes or amazon)



Sequence: 48 - 48 - Tag"A" - 48 - 48 - Tag"A"+Tag"B" - 48 - 48

[1-8] □ Back, Travel 1/2 with a Sweep, Weave, Sway, Sway, Behind-Side

1-2&3 Step back L [12:00], Turn 1/4 left stepping back R [9:00], Turn 1/4 left stepping forward L [6:00], Turn 1/4 left stepping side R and sweep L behind [3:00]
4&5 Step L behind R, Step side R, Step L across R
6-7 Step side R swaying right, Sway left recovering weight L
8& Step R behind L, Step side L

[9-16] □ Prep, Reverse Full Turn, Rock-Recover-1/4, Step Turn, Run-Run

1-2&3 "Prep" Step R across L (preparing for reverse turn), Turn 1/4 right stepping back L [6:00], Turn 1/2 right stepping forward R [12:00], Turn 1/4 right stepping side L [3:00]
4&5 Rock R behind L, Recover onto L, Turn 1/4 right stepping forward R [6:00]
6-7 Step forward L, Turn 1/2 right recovering weight forward on R [12:00]
8& Small run steps forward L, R

[17-24] □ Press, Recover, Back, Run-Run-Touch, Torque, Unwind, Behind, Side

1-2-3 "Press" (slight lunge) forward onto ball of L with bent L knee, Recover back onto R, Step back L
4&5 Small steps back R, L, Touch R toe slightly back (keep thighs close together)
6-7 "Torque" or twist 1/4 right shifting weight to R (thighs still together) [3:00], Unwind/spin 1/2 left on ball of R and release L to sweep behind [9:00]
8& Step L behind R, Step side R

[25-32] □ Cross, Sway, Sway, Double Sway, R Basic, L Basic

1-2-3 Step L across R, Step side R swaying right, Sway left
4&5 Sway right, Sway left recovering weight L, Large step side R
6&7 Rock L behind R, Step R across L, Large step side L
8& Rock R behind L, Step L across R

[33-40] □ 1/4 Forward, Step-1/4-Cross, Rock-Recover-Cross, Rocking Chair, 1/2 Chase Turn

1-2&3 Turn 1/4 right stepping forward R [12:00], Step forward L, Turn 1/4 right shifting weight to R, Step L across R
4&5 Rock side R, Recover weight L, Step R across L to face diagonal [1:00]
6&7& All facing 1:00 diagonal: Rock forward L, Shift weight back R, Rock back L, Shift weight forward R
8& Step forward L, Turn 1/2 right shifting weight to R [7:00]

[41-48] □ Sweep to Fall Away (Cross-Back-Back, Behind-Step-Step-Step), Walk, Walk, Press

1 Step forward L releasing R to sweep across
2-5 Counts 42-45 are a "Fall Away" where you gradually rotate 1/4 turn to face 11:00 diagonal:
2&3 Step R across L [7:00], Step back L [8:00], Step back R [9:00]
4&5 Step L behind R [9:00], Step forward R [10:00], Step forward L [11:00]
6-7 Turn 1/4 left and walk forward R [8:00], Turn 1/8 left and walk forward L [squaring to 6:00]
8 Press/rock forward on R [6:00] (*note Push off R press to begin dance at top with step back on L at count 1)

START AGAIN

Tag A (8cts): Back, Coaster, Full Chase Turn, Coaster, Rock-Recover

- 1 Step back L
- 2&3 R Coaster: Step back R, Step together L, Step forward R
- 4&5 Full Chase Turn: Step forward L, Turn 1/2 stepping back R, Turn 1/2 stepping back L
- 6&7 R Coaster: Step back R, Step together L, Step forward R
- 8& Rock forward L, Recover weight R

Tag B (4cts): Back, Rock, Recover, Rock

- 1-2-3-4 Step back L, Rock back R, Recover weight L, Rock forward R

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