

You Are Perfect

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Improver
编舞者: Cheryl Carter (UK) - March 2017
音乐: Perfect - Ed Sheeran : (Album: Divide - iTunes)



Start: Approx 3 Sec on the word "Love"

Restart: Wall 4 after count 8 *

Sec 1: Side Rock, & Side Rock, Walk, Walk, 1/2, Walk, Walk

1 2& Rock R to R Side, Recover on L, Close R next to L
3 4 Rock L to L side, Recover on R
5 6& Step Fwd L, Step Fwd R, Pivot 1/2 Left (Weight Moving Fwd on L)
7 8 Step Fwd R/Sweep L From Back to Front, Step Fwd L/Sweep R from Back to Front

* Restart on Wall 4 See Note Below

Sec 2: Cross Rock, & Cross Side, 1/4 Sailor Turn L, Hitch/Kick, Shuffle

1 2 Cross Rock R over L, Recover onto L,
&3 4 Step R to R Side, Cross L over R, Step R to R Side,
5&6 Step L Behind R Turning 1/4 L, Step R Next to L, Step Fwd on L
&a 7&8 Hitch & Low Kick R Fwd, Shuffle Fwd Stepping R-L-R

Sec 3: Fwd Rock, Side Rock, Touch Back, 1/2, Shuffle, Step Touch Back

1&2& Rock Fwd L, Recover on R, Rock L to L Side, recover on R
3 4 Point L Backwards/Raise Weight Up On Both Balls Of Feet, Pivot 1/2 Turn Left Step
(Allowing Weight Fwd on L)
5&6 Shuffle Fwd R-L-R
7&8 Step Fwd L, Touch R next to L, Step Back on R

Sec 4: Shuffle Back, 1/4 Sailor, Walk, Walk, 1/2, Lock, Step

1&2 Shuffle Back Stepping L-R-L
3&4 Step R Behind L Turning 1/4 R, Step L Next To R, Step Fwd on R
5 6& Walk Fwd L, Walk Fwd R, 1/2 Turn L Step Fwd on L,
7&a8 Step Fwd R, Lock L behind R, Step Fwd on R, Step L Fwd

RESTART: WALL 4 (FACING 6:00) After count 8 at the end of section 1 replace the Right Sweep with a low Right Hitch and then Restart the dance (facing 12:00)

I hope you enjoy the dance x

Contact: cherylcarter2014@hotmail.com

Suggested Intermediate Level Floor Split To "Perfect" by Alison Johnstone & Joshua Talbot

Last Update - 10th March 2017