Time Machine



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Hayley Wheatley (UK) - March 2017

音乐: Just Hold On - Louis Tomlinson & Steve Aoki



Music Available from iTunes and amazon

Intro: 32 Counts

S1: STEP, KICK, COASTER STEP, ROCK RECOVER STEP, 1/4 TURN CHASSE

1-2 Step RF fwd, Kick LF fwd ☐ 12:00

3&4 Step back on LF, Step RF beside LF, Step fwd on LF□12:00 5-6& Rock fwd on RF, Recover onto LF, Step back onto RF□12:00

7&8 While making ¼ turn L step LF to L side, Close RF beside LF, Step LF to L side □ 3:00

S2: SAILOR STEP, BEHIND SIDE, STEP TO DIAGONAL, ROCK RECOVER, ROCK BACK 1/8 RECOVER,

1&2 Step RF behind LF, Step LF to L side, Step RF to R side ☐ 3:00

3&4 Step LF behind RF, Step RF to R side, Step fwd on LF making 1/8 turn to R diagonal □ 4.30

5-6& Rock fwd on RF, Recover onto LF, Step back onto RF□4:30

7-8 Rock back onto LF straightening 1/8 turn L, Recover onto RF□ 3:00

S3: STEP, SCUFF, STEP OUT, SIDE ROCK RECOVER, COASTER STEP, ROCK FORWARD RECOVER

1-2 Step fwd onto LF, Scuff RF fwd □ 3:00

Step RF out to R side, Rock LF to L side, Recover onto RF □ 3:00
Step back on LF, Step RF beside LF, Step fwd on LF □ 3:00

7-8 Rock fwd onto RF, Recover onto LF □3:00

S4: SHUFFLE ½ TURN, WALKS FORWARD, SHUFFLE ½ TURN, ROCK BACK, RECOVER

1&2 Step RF to R side making ¼ turn R, Close LF beside RF, Step fwd on RF making ¼ turn

R□9:00

3-4 Walk fwd on LF, Walk fwd on RF□9:00

5&6 Step LF to L side making 1/4 turn R, Close RF beside LF, Step back on LF making 1/4 turn

R□3:00

7-8 Rock back on RF, Recover onto LF □3:00

Ending: On wall 11 Dance up to count 16, then make ¼ turn L stepping out on left foot to finish facing 12:00.

Enjoy!

Contact: 07807 081564 - hcwheatley@live.com