

Hole Down In My Heart

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner / Improver
编舞者: Séverine Fillion (FR), Roy Verdonk (NL) & Rob Fowler (ES) - March 2017
音乐: Hole Down in My Heart - Sam Outlaw : (Album: Angeleno)



Choreography written for the 10th anniversary of the club : Canyon's Dancer in Gramat (Fr)

Intro : 32 counts

[1-8] HEEL STRUT RIGHT & LEFT, SIDE ROCK & CROSS, HEEL STRUT LEFT & RIGHT, SIDE ROCK & CROSS

1& Right heel fwd, drop right ball on the floor
2& Left heel fwd, drop left ball on the floor
3&4 Rock step right to the right, recover on left, right cross over left
5& Left heel fwd, drop left ball on the floor
6& Right heel fwd, drop right ball on the floor
7&8 Rock step left to the left, recover on right, left cross over right

[9-16] MAMBO FWD ½ TURN, HITCH, ½ TURN, HITCH, BACK, HITCH, COASTER STEP, SCUFF, STEP LOCK STEP FWD

1& Rock step right fwd, recover on left
2& ½ turn right stepping right fwd, left Hitch 6 :00
3& ½ turn right stepping left back, right Hitch 12 :00
4& Right step back, left Hitch
5&6& Left back, right next to left, left fwd, right Scuff
7&8 Right fwd, « lock » left cross behind right, right fwd

[17-24] STEP ¼ TURN & CROSS, ½ RUMBA BOX, SIDE TOUCH, SIDE TOUCH, SIDE STOMP, HOLD

1&2 Left fwd, Turn ¼ right, left cross over right 3 :00
3&4 Right to right, left next to right, right fwd
5& Left to left, touch right next to left + Clap
6& Right to right, touch left next to right + Clap
7&8 Stomp left to the left, Clap Clap (&8)

[25-32] CROSS ROCK & SIDE (RIGHT & LEFT), WALK AROUND 4 STEPS FULL TURNING LEFT

1&2 Cross rock right over left, recover on left, right to right
3&4 Cross rock left over right, recover on right, left to left
* RESTARTS here on walls 2 & 5
5-8 Walks 4 steps full turning left in place 3 :00

RESTARTS : After 28 counts on 2th wall at 6 :00
After 28 counts on 5th wall at 3 :00

FINAL : Make ½ turn left (instead of full turn) on the 4 last counts to finish facing