Meihua

拍数: 24

级数: Absolute Beginner waltz

编舞者: Betty Lee (CAN) - March 2017

音乐: Plum Blossom (梅花) - Teresa Teng (鄧麗君)

SECTION 1: BASIC FORWARD, BASIC BACK

- 1-3 Step forward L, Step R forward next to L, Step L in place
- 4-6 Step back R, Step L back next to R, Step R in place

SECTION 2: LEFT TWINKLE, R TWINKLE

- 1-3 Cross L over R, Step R to R, Step L next to R
- 4-6 Cross R over L, Step L to L, Step R next to L

SECTION 3: CROSS, SIDE, CROSS; CROSS, SIDE, CROSS

- 1-3 Cross L over R, Step R to R, Cross L over R
- 4-6 Cross R over L, Step L to L, Cross R over L

SECTION 4: SIDE, DRAG, SWAY 3X

- 1-3 Take a big step to L, Drag R towards L over 2 counts (keeping wt. on L)
- 4-6 Sway hips R-L-R, ending wt. on R

REPEAT

Last Update - 5th April 2017







墙数: 1