

A Few Changes

拍数: 64 墙数: 4 级数: Improver
编舞者: Norman Gifford (USA) - March 2017
音乐: There's Gonna Be a Few Changes - Dave Insley



Dance starts immediately on first beat of music!

Optional alternate start: Wait until the second pattern of 8 and then begin

S1: (Sway, sway, kick-ball-change, hold)

1-4 Sway right; hold; sway left; hold
5-8 Right kick forward; right together; left step in place; hold

S2: (Lock-steps forward with brushes)

1-4 Right step forward; left lock behind; right step forward; brush
5-8 Left step forward; right lock behind; left step forward; brush

S3: (Chase turn ½ left, hold, spin turn ¾ right, step side, step slightly forward, hold)

1-4 Right step forward; pivot turn ½ left; right step forward; hold
5-8 Left step forward turning ¾ right; right step side; left step slightly forward; hold [3:00]

S4: (Weave right, scissor-step, hold)

1-4 Right step side; left behind; right step side; left crossover
5-8 Right step side; left step back; right crossover; hold

S5: (Weave left, reverse turn ½ right, step side, crossover, hold)

1-4 Left step side; right behind; left step side; right crossover
5-8 Left step side turning ½ right; right step side; left step slightly forward; hold [9:00]

S6: (Nightclub basic right & left)

1-4 Right step side; pause; left rock behind; right replace
5-8 Left step side; pause; right rock behind; left replace

S7: (Mambo-step, hold, sailor-step, hold)

1-4 Right rock forward; left replace; right step slightly back; hold
5-8 Left sweep behind; right together; left step slightly forward; hold

S8: (Modified jazz-boxes each turning ¼ right)

1-4 Right step forward; hold; left step back; turn ¼ right stepping side [12:00]
5-8 Left step forward; hold; rock forward; left step back turning ¼ right [3:00]

BEGIN AGAIN

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