You Can Call On Me

拍数: 32

级数: Intermediate Smooth - WCS

编舞者: Ronald "RONNIE" Grabs (DE) - April 2017

音乐: Call on Me - Starley

Alt. music: The Star Of The Show by Thomas Rhett

HEEL STEP w. HOLD / LOCK-STEP / OUT-OUT / 3x SWAY / BEHIND-SIDE w. 1/4 TURN L

- 1-2 RF heel step diagonally forward with roll of RF and hold,
- &3 LF lock step behind RF, RF step slightly diagonally forward,
- &4 LF step slightly to L side, RF step to R side,
- 5,6,7 sway hips to L side, sway hips to R side, sway hips to L side,
- 8& RF cross step behind LF, LF step to L side and turn 1/4 to L (9:00),

2x FWD. WALK / ANCHOR STEP / 1/4 L SIDE STEP w. HOLD / BALL-SIDE-TOUCH (or FLICK)

- 1,2 RF step forward, LF step forward,
- 3&4 RF rock behind LF, recover weight on to LF, RF step slightly back,
- 5-6 turn 1/4 to L (6:00) stepping LF to L side and hold,
- &7,8 RF ball step next to LF, LF step to L side, RF touch next to LF,

Opt. Variation: If you like flick with RF out to right and back instead of the touch.

CROSS-1/4 R w. STEP BACK / SAILOR 1/2 R w. CROSS / SIDE ROCK / BEHIND-SIDE-CROSS

- 1,2 RF cross step over LF, turn 1/4 to R (9:00) stepping LF back,
- 3&4 turn 1/4 to R (12:00) cross stepping RF behind LF, turn 1/4 to R (3:00) stepping LF next to RF, RF cross step over LF,
- 5,6 LF rock to L side, recover weight on to RF,
- 7&8 LF cross step behind RF, RF step to R side, LF cross step over RF,

Restarts: If you using "The Star Of The Show" by Thomas Rhett there are 2 Restarts here in the Walls 3 (face 9:00) and 6 (face 3:00).

SIDE TOUCH STEP w. HIPS / 1/4 L FWD. TOUCH STEP / FWD. BALL TOUCH BEHIND w. HOLD & LOOK / 1/4 L FWD. LOCK SHUFFLE

- 1,2 RF touch to R side and sway hips to R, RF step to R side,
- 3,4 turn 1/4 to L (12:00) touching LF forward and sway hips forward and side L, LF step forward,
- &5-6 RF ball slightly step forward, LF cross touch behind RF, hold and turn head to L with look to L side (the new dance direction),
- 7&8 turn 1/4 to L (9:00) stepping LF forward, RF lock step behind LF, LF step forward,

REPEAT

RESTARTS 1 & 2:

If you using "The Star Of The Show" by Thomas Rhett there are 2 Restarts after Count 24 in the Walls 3 (face 9:00) and 6 (face 3:00).





墙数:4