One Smile



拍数: 64 编数: 4 级数: Intermediate

编舞者: Susan Dodge (USA) - March 2017

音乐: One (Live) - Ray Conniff: (Album: 's Always Conniff)



Intro: 32 counts - No Tags Or Restarts

1-2 Step R forward, tap L behind R

3-4 Step back on L, sweep R from front to back

5-6 Step R behind L, point L to left side

7&8 Cross L over R, step R to right side, cross L over R

[9-16] □Step side, cross, step, spin ¾

1234 Step R to right side, hold, cross L over R, hold

5678 Step R to right side (5), slowly spin right ³/₄ turn (6,7), step L on count 8 (9:00)

[17-24] ☐ Step drag, rock recover, ¼, ½, ½, shuffle

Big step to R, drag L towards R, rock L behind R, recover R in place 5-6 Turn ¼ left and step forward on L, turn ½ left step back on R (12:00) Turn ½ left and step L forward, step R next to L, step L forward (6:00)

[25-32]□Cross side behind, point, cross side, behind side cross

1-2 Cross R over L, step L to left side
3-4 Step R behind L, point L to left side
5-6 Cross L over R, step R to right

7&8 Cross L behind, step R to right side, cross L over R

[33-40] Monterey ½ turn, walk walk, ½, step

1-2 Point R to right side, turn ½ right and step on R (12:00)

3-4 Point L to left side, step L next to R

Step R forward, step L forward with ½ pivot turn right (weight on R), Step L forward (6:00)

[41-48] □Step kick step kick, coaster, kick

1-2 Step forward on R, kick L slightly diagonal to right3-4 Step L in place, kick R slightly diagonal to left

Step R back, step L next to R, step forward on R, kick L forward

[49-56] Step flip, hold, step, hold, ¼ hold, pivot ½

1234 Step forward on L, flip R behind L, step back on R, hold

5-6 Turn ¼ left and step forward on L, hold (3:00)

7-8 Step forward on R, pivot ½ left, weight is on L (9:00)

[57-64] □Lock step diagonal, step, touch, point, touch, step, sweep

1-2 Step R to right diagonal, cross L behind R,
3-4 Step R to right diagonal, touch L next to right
5-6 Point L to left side, touch L next to right

7-8 Step forward on L, sweep R from back to front (on count 8, step R forward on count 1 of next

wall)

Begin again

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