Good Life



编舞者: Nicola Lafferty (UK) - April 2017

音乐: Good Life (Mark McCabe Remix) by Soulé



Count In: 16 Count Intro

[1-8] □□ROCK, RECOVER, TRIPLE BACK, COASTER STEP, 2 WALKS

1,2	Rock RF fwd, recover weight back to LF
3&4	Step RF back, Close LF to RF, Step RF back
5&6	Step LF back, Close RF to LF, Step LF fwd

7,8 Step fwd RF, Step LF fwd to L diagonal (face 12.00)

[9-16]□□CROSS, BACK, SLIDE (REPEAT)

1,2	Cross RF over LF, Step LF back
3,4	Slide RF to R side, Drag LF towards RF
5,6	Cross LF over RF, Step RF back
7,8	Slide LF to L side, Drag RF towards LF (face 12.00)

[17-24]□HIP BUMPS TO DIAGONALS, JAZZ BOX WITH 1/4 TURN RIGHT

1&2	Touch RF to R diagonal as you take hips and knees to R, bump hips and knees to L, take
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weight to RF as you bump hips and knees to R

Touch LF to L diagonal as you take hips and knees to L, bump hips and knees to R, take

weight to LF as you bump hips and knees to L

5,6,7,8 Cross RF over LF, Step LF back, Make ¼ turn R as you step RF to R side, Close LF to RF

(face 3.00)

[25-32]□TOUCH, HITCH, CLOSE, HEEL SWITCHES, ½ PIVOT, ROCK, RECOVER, CLOSE

1&2	Touch RF to R side, Hitch R knee, Close RF to LF
3&	Touch L heel fwd, Close LF to RF
4&	Touch R heel fwd, Close RF to LF
5,6	Step LF fwd, ½ pivot turn to R taking weight to RF (face 9.00)
7,8	Rock LF fwd, Recover weight to RF
&	Close LF to RF

Begin Again