Nervous

COPPERKNO

拍数: 32

级数: Easy Intermediate - Smooth WCS

编舞者: Lucie Incardona (FR) - April 2017

音乐: Nervous - Gavin James : (The Ooh Song)

墙数:4



RF rock step forward, recover on LF ¼ turn right stepping RF side right, LF step next to RF, ¼ turn right stepping LF step forward, SPIRAL full turn right (3h) RF step forward, LF step next to RF, RF step forward (3h)
OCKING CHAIR, STEP SIDE, DRAG, BACK ROCK STEP LF rock step forward, recover on RF LF rock step back, recover on RF LF step side left, Drag RF to LF RF rock step back, recover on LF (3h)
OCK STEP FWD, TRIPLE STEP ½ TURN, SKATE, SKATE, ANKOR STEP RF rock step forward, recover on LF ¼ turn right stepping RF side right, LF step next to RF, ¼ turn right stepping I LF Skate forward, RF Skate forward LF step forward, RF step next to LF, LF step foward (9h) _ Start the dance fro beginning ©
tart : unts at the end of Wall 2 (Face 6h) E ROCK, BEHIND-SIDE-CROSS, SIDE ROCK, BEHIND-SIDE-CROSS RF rock step side right, recover on LF RF cross behind LF, LF step side left, RF cross over LF LF rock step side left, recover on RF LF cross behind RF, RF step side right, LF cross over RF ☺ Start the dance f beginning ☺
S counts at the end of wall 4 (Face 12h) E ROCK, BEHIND-SIDE-CROSS, SIDE ROCK, BEHIND-SIDE-CROSS at tag TWICE then restart the dance from the beginning ©
estart during Wall 5 after 26 counts. Replace counts 27-28 by the following steps : OCK STEP FWD, PIVOT ½ TURN R, PIVOT ¼ TURN L ROCK STEP forward R, recover on L ½ turn R, ¼ turn L (Face12h)
you to Guerric Auville for his help on the translation of texts in English red, translated and formatting by Martine Nageotte
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Intro: 32 counts

[1-8] : SIDE ROCK, ¼ SAILOR STEP, STEP TURN, STEP FWD, TOUCH

- 1-2 RF rock step side right, recover on LF
- 3&4 RF cross behind LF, ¼ turn right, LF step next to RF, RF step forward (3h)
- 5-6 STEP TURN : LF step forward, 1/2 turn right (RF takes weight)
- 7-8 LF big step forward, RF touch next to LF (9h)

[9-16] : ROCK STEP FWD, TRIPLE ½ TURN, SPIRAL FULL TURN, TRIPLE STEP FWD

- 1-2
- 3&4 RF side right
- 5-6
- 7&8

[17-24] : R0

- 1-2
- 3-4
- 5-6
- 7-8

[25-32] : R0

- 1-2
- 3&4 RF side right
- 5-6
- 7&8 om the

Tag & Rest

#1er:8 co

- [1-8] : SIDE
- 1-2
- 3&4
- 5-6
- 7&8 from the

#2eme:16

[1-8] : SIDE Do the Firs

#3ème : Re

- [25-28] : R0
- 1-2
- 3-4

One thank Plug prepa