## A Better Man



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Carol Cotherman (USA) - April 2017

音乐: Better Man - Little Big Town



Choreographed especially for my dancing friend, Karen! Thanks for suggesting this song!

#16 -count intro once rhythm kicks in

Sequence: 32, Tag 1, 32, Tag 2, 32, Tag 1 & 2, 32, Tag 1, 26, 32, 32, 15

S1: Scuff, Step, Scuff, Step, Scuff, Step, Lock, Step, Scuff, Mambo 1/2, Full Turn, Scuff

&1&2& Scuff right forward, step right forward, scuff left forward, step left forward, scuff right forward

3&4& Step right forward, lock left behind right, step right forward, scuff left forward

5&6 Rock left forward, recover to right, ½ turn left stepping left forward

7-8& ½ Turn left stepping right back, ½ turn left stepping left forward, scuff right forward (6:00)

(Non-turning option: Replace full turn with walk, walk)

S2: Step, Lock, Step, Scuff, Rock, Recover, ¼ Turn, Cross, Side, Behind, Sweep, Behind, Side, Forward,

Together

Step right forward, lock left behind right, step right forward, scuff left forward Rock left forward, recover to right, ¼ turn left stepping left to side (3:00)

5&6& Cross right over left, step left to side, step right behind left, sweep left from front to back

7&8& Step left behind right, step right to side, step left forward, step right together

S3: Step, Tap, Step, Kick, Coaster Step, Scuff, Step, Lock, Step, Scuff, Step, ¼ Turn Cross

Step left forward, tap right behind left, step right back, kick left forward
Step left back, step right beside left, step left forward, scuff right forward
Step right forward, lock left behind right, step right forward, scuff left forward,
Step left forward, 1/4 turn right taking weight to right, cross left over right (6:00)

S4: Basic NC2 Step (2X), Side, Behind, ¼ Turn, Step, ½ Turn, Step

1-2& Big step to right on right, rock left behind right, recover on right3-4& Big step to left on left, rock right behind left, recover on left

5-6& Big step to right on right, step left behind right, ¼ turn right stepping forward on right 7&8 Step left forward, ½ turn right taking weight to right, step slightly forward on left (3:00)

Tag 1 - 16 counts

Twinkle Step, Twinkle Step, ½ Turning Twinkle Step, Prissy Walks (3X)

1&2 Cross right over left, step left to side, step right beside left 3&4 Cross left over right, step right to side, step left beside right

Cross right over left, ¼ turn right stepping left back, ¼ turn right stepping right beside left Cross left slightly across right, cross right slight across left, cross left slightly across right

(Execute with knees slightly bent and some twisting at the waist)

Repeat these 8 counts for counts 9-16 of Tag 1.

Tag 2 - 4 counts

Full Walk-Around with Scuffs & Steps

&1&2&3&4 \( \frac{1}{4}\) Turn left scuffing right, step right forward, \( \frac{1}{4}\) turn left scuffing left forward, step left forward,

1/4 turn left scuffing right forward, step right forward, 1/4 turn left forward, step left forward

(Make these turns as a smooth walk-around.)

Restart on Wall 5: Wall 5 begins facing 12:00. Dance through count 25.

Change count 26 from "rock left behind right" to "step left beside right" and Restart the dance facing 6:00.

Ending: Final wall (8) begins facing 12:00. Dance 14 counts. On count 15, turn 1/4 turn left stepping left forward. You'll be facing 12:00 to end the dance!

\*Note about scuffs: Other than the scuffs in the first 8 counts of the main dance and Tag 2, the rest of the scuffs can be very subtle or even omitted if desired.

Last Update - 20th April 2017