Clap Ya Hands

拍数:64

级数: Improver

编舞者: Tim Gauci (AUS) - February 2017

音乐: Happy Man - Derek Ryan : (Album: Happy Man)

Begin dance 64 beats in from the first lyric – clap ya hands as much or as little as you like \Box

[1-8]□FWD, TOUCH, BACK, TOUCH, SIDE, BEHIND, SIDE, TOUCH□

- 1234 Step R fwd at R45, touch L next to R, step L back at L45, touch R next to L
 12.00
- 5678 Step R to R, step L behind R, step R to R, touch L next to R□12.00

[9-16]□FWD, TOUCH, BACK, TOUCH, SIDE, BEHIND, ¼, SCUFF□

- 1234 Step L fwd at L45, touch R next to L, step R back at R45, touch L next to R 12.00
- Step L to L, step R behind L, making ¼ turn L step L fwd, scuff R foot fwd 9.00 5678

[17-24]□FWD, ROCK, BACK, HOLD, BACK, LOCK, BACK, HOLD□

- 1234 Step R fwd, rock weight back onto L, step R back, hold
 9.00
- 5678 Step L back, cross R over L, step L back, hold 9.00

[25-32]□BACK, TOG, FWD, HOLD, HEEL STRUT, HEEL STRUT□

- 1234 Step R back, step L tog, step R fwd, hold□9.00
- 5678 Step L heel fwd, slap L toe to floor, step R heel fwd, slap R toe to floor 9.00

[33-40] FWD, ROCK, BACK, HOLD, BACK, TOG, CROSS, HOLD

- 1234 Step L fwd, rock weight back onto R, step L back, hold □9.00
- 5678 Step R back, step L tog, cross R over L, hold□9.00

[41-48]□SIDE STRUT, CROSS STRUT, SIDE, ROCK ¼, STEP, HOLD□

- Touch L toe to L side, place L heel to floor, cross R toe over L, place R heel to floor □9.00 1234
- 5678 Step L to L, rock weight onto R making 1/4 turn R, step L fwd, hold 12.00

[49-56]□STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, SCUFF□

- 1234 Step R fwd at R45, lock L behind R, step R fwd at R45, scuff L fwd□12.00
- 5678 Step L fwd at L45, lock R behind L, step L fwd at L45, scuff R fwd□12.00

[57-64]□STEP, PIVOT ½, STEP, HOLD, RUN FWD LRL, SCUFF R□

- 1234 Step R fwd, pivot ¹/₂ turn L, step R fwd, hold 6.00
- 5678 Run fwd LRL (or full turn R travelling fwd), scuff R fwd 6.00

[64] Beats:□Repeat dance in new direction□

Finish – dance to beat 32 (heel struts), step R fwd, hold, making ¼ turn L stomp R to R!

Enjoy





墙数: 2