Stay a Minute



拍数: 64 编数: 4 级数: Intermediate

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音乐: Stay - Zedd & Alessia Cara



Start after 48 counts on "make it on your own"

S1: touch x 2, coaster step, touch x 2, coaster step

1,2 touch right toe forward, touch right toe to right side.3&4 step right back, step left next to right, step right forward.

5,6 touch left toe forward, touch left toe to left side.

7&8 step left back, step right next to left, step left forward.

S2: rock, recover, 1/1 turn right with sweep, rock, recover

1,2 Right rock forward, recover on left.3 1/2 turn right by stepping right forward.

4,5 sweep left back to front while making 1/2 turn right.

6 step on left.

7,8 right rock forward, recover on left.

S3: shuffle, shuffle, rock, recover, 1/1

step right back, step left next to right, step right back.step left back, step right next to left, step left back.

5,6 rock right back, recover on left

7,8 1/1 turn left by stepping back on right and forward on left

S4: 1/4 turn rock, recover, weave, rock, recover, weave

1,2 1/4 left by rocking right to right side, recover on left.

3&4 step right behind left, step left to left side, cross right over left.

5,6 rock left to left side, recover on right.

7&8 step left behind right, right to right side, cross left over right.

S5: Dorothy steps, step, 1/2 turn, 1/1 turn

1 ;2&: step right forward to right diagonal, lock left behind right, step right to right diagonal.

3 ;4&:step left forward to left diagonal, lock step right behind left, step left to left diagonal.

5,6 step right forward, make 1/2 turn left by stepping left forward.

7,8 1/1 turn left by stepping back on right and forward on left.

S6: rock, recover, coasterstep, rock, recover 1/1 turn

1,2 right rock forward, recover on left.

3&4 step right back, step left next to right, step right forward.

5,6 left rock forward, recover on right.

7,8 1/1 turn left by stepping left forward and right back.

S7: 1/4 turn shuffle, rock, recover, shuffle, rock, recover

1&2 1/4 turn left by stepping left to left side, right next to left, left to left side.

3,4 rock right back, recover on left.

step right to right side, left next to right, right to right side

7,8 rock left back, recover on right

S8: rock, recover, 1/1 turn, 1/4 turn rock, recover, coaster step

1,2 rock left forward, recover on right

3,4	1/1 turn left by stepping left forward and back on right.
5,6	1/4 turn left by rocking left to left side, recover on right.
7&8	step left back, step right next to left, step left forward.

BRIDGE: 4 count Bridge on wall 2 after 26 counts: sway hips right, left, right, left. Then finish the remaining counts of wall 2.

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