Only Young Once



编舞者: Diana Dawson (UK) - April 2017

音乐: You're Only Young Once - Derek Ryan: (Album: Happy Man - amazon & iTunes)



Long intro - start at the end of the instrumental - CW direction

| # Long Intro - start at the end of the instrumental - CVV direction | |
|--|---|
| S1: Rumba Box Back Quarter turn | |
| 1-4 | Step Right to Right side. Step Left beside Right. Step back on Right. Hold |
| 5-6 | Step Left to Left side. Step Right beside Left. |
| 7-8 | Quarter turn Left stepping forward on Left. Hold (9:00) |
| S2: Rumba Box Back | |
| 1-4 | Step Right to Right side. Step Left beside Right. Step back on Right. Hold |
| 5-8 | Step Left to Left side. Step Right beside Left. Step forward on Left. Hold |
| S3: Right Forward, Touch, Forward, Touch, Side, Behind, Quarter Turn Right | |
| 1-2 | Step Right diagonally forward Right. Touch Left beside Right |
| 3-4 | Step Left diagonally forward Left. Touch Right beside Left |
| 5-6 | Step Right to Right side. Step Left behind Right. |
| 7-8 | Quarter turn Right stepping forward on Right. Hold (12:00) |
| S4: Step forward, Threequarter turn Right, Weave Left | |
| 1-2 | Step forward on Left. Pivot Half turn Right stepping forward on Right |
| 3-4 | Quarter turn Right stepping Left to Left side. Hold (9:00) |
| 5-8 | Step Right behind Left. Step Left to Left side. Cross Right over Left. Hold |
| S5: Rock Left, Recover, Cross, Rock Right, Recover, Cross | |
| 1-4 | Rock Left to Left side. Recover onto Right. Cross Left over Right. Hold |
| 5-8 | Rock Right to Right side. Recover onto Left. Cross Right over Left. Hold |
| S6: Weave Left x4, Rock Left, Recover, Cross | |
| 1-4 | Step Left to Left side, Step Right behind Left, Step Left to Left side, Cross Right over Left |
| 5-8 | Rock Left to Left side. Recover onto Right. Cross Left over Right. Hold |
| S7: Right step forward, Tap, Step back, Kick, Coaster Step | |
| 1-2 | Step forward on Right. Tap Left behind Right. (slightly towards Right diagonal) |
| 3-4 | Step back on Left. Kick Right forward. (straightening up to 9:00) |
| 5-6 | Step back on Right. Step Left beside Right. |
| 7-8 | Step forward on Right. Hold |
| S8: Walk forward x2, Step, Pivot Half Turn, Step forward | |
| 1-4 | Walk forward on Left. Hold/Clap. Walk forward on Right. Hold/clap |
| | |

Start Again

5-8

Tags: End of Wall 1 facing 3:00 o'clock, and Wall 4 facing 12:00 o'clock

Right side rock, Recover, Right back rock, Recover

1-2 Rock Right to Right side. Recover onto Left3-4 Rock back on Right. Recover onto Left

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Step forward on Left. Pivot Half turn Right. Step forward on Left. Hold (3:00)

