

Stomp Like Hell

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Phrased Intermediate
编舞者: Flat Guo (CN) & Yan Zi Zhang (CN) - April 2017
音乐: Stomp Like Hell - Moonshine Bandits



Count in: 32 Counts - Dance Sequence: AA AB / AA B / AB / AA / End

Part A (32 Counts)

A[1-8] R Point X 2, R Cross, 1/8R Stepping back L, 1/8R R side, L Point X2, L Cross

1-2 1) R heel Point 2) R heel Point
3 3) Cross R over L
4 4) Seep L back (make 1/8R turn right Stepping back L[1:30]
5 5) Make 1/8 turn right Stepping R Side[3:00]
6-7 6) L heel point 7) L heel pint
8 8) Cross L over R [3:00]

A[9-16] Behind , Side , Cross, Side,Cross, back , Side ,Cross, Side, Cross

1 1)Cross R behind L 2)Seep L Side
3&4 3) Cross R over L &) Step L Side 4) Cross R over
5 5) make 1/8 turn R stepping back L [4:30]
6 6)make1/8 turn R stepping R side [6:00]
7&8 7) Cross L over R &) seep R Side 8) Cross L over R

A[17-24] Rocking Chair X2

1-4 1) cross R over L[4:30] 2) recover weight L 3)make1/8turn L stepping back R[3:00] 4) recover weight L
5-8 5) cross R over L [1:30] 6) recover weight L 7) make1/8 turn L stepping back R [12:00] 8) recover weight L [12:00]

A[25-32] Fwd, Fwd ,Lock, Fwd, Fwd,1/2 Pivot ,heel Ball Change

1 2 1) step R forward 2) step L forward
3 4 3) lock R behind L 4) step L forward [12:00]
5 6 5)step R forward 6) pivot 1/2 turn L left[6:00]
7&8 7) touch R heel &) stepping in place on ball of R 8) cross L over R [6:00]

Part B (32 counts)

B[1-8] R side, hold, L next , R side, L touch ,L side, hold ,R nest , L side, R touch

1 2 1) step R side 2) hold
&3 &) close L next to R 3) step R side
4 4) touch L next to R
5 6 5) Step L side 6) hold
&-7 &) close R next to L 7) step L side
8 8) touch R next to L

B[9-16] Toe Strut X2, back, Recover, Full turn

1 2 1) step R toe back 2) step R heel down (while shimmy)
3 4 3) step L toe back 4) step L heel down(while shimmy)
5 6 5) step R back 6) Recover L
7 8 7) Make 1/2 turn left stepping R back 8) Make 1/2 turn left stepping L forward

B[17-24] Fwd, Hold, Fwd, Hold, Step 1/2Turn R Pivot, hell Swivel, hell ball Change

1 2 3 4 1) step R fwd 2) hold 3) step L fwd 4) hold
5 6 5)1/4turn R swivel R heel to L [3:00] 6) 1/4turn R swivel L heel to L[6:00]

7&8 7) touch R heel &) stepping in place on ball of R 8) cross L over R [6:00]

B[25-32] Cross, Point, Cross, Side, Apple Jack Step

1 2 1) cross R on L 2) point L to L

3 4 3) cross L on R 4) step R to right side

5 6 7 8 5) twist R toe out to R while L heel out to L 6) Recover 7) twist L toe out to R while R heel out to R 8) Recover

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