

New York State of Mind (Rosie's Dance)

COPPER KNOB
STEPSHEETS

拍数: 36 墙数: 4 级数: Intermediate
编舞者: Pam Conner (USA) - April 2017
音乐: New York State of Mind - Billy Joel



Intro: 36 cts from start of heavy piano playing

R NC2, 3/4 TURN R STEPPING BACK & TURNING WITH L, R, 1/4 R PIVOT, R WEAVE & SWEEP, L WEAVE & PRESS

- 1, 2& Step side R, rock L behind, recover to R slightly crossed over L
3, 4&5 Step back on L turning 1/4 t R, step forward R while making 1/2 t R, step L, pivot 1/4 t R onto R
6&7 Cross L, side R, behind L sweeping R from front to back
8&1 Cross R behind, side L, cross R front into press (12:00)

RECOVER TO L, R, LUNGE L, FULL TURN R, FULL TURN L, ROCK RECOVER

- 2&3 Recover to L, then together R, lunge to L while pointing R to side ("pause" starts here wall 8)
4&5 Full turn to R with R,L,R
6&7 Full turn to L with L,R,L (don't over-rotate)
8& Rock R behind, recover L (12:00)

L SWEEP, CROSS, BACK, R SWEEP, CROSS, BACK, ROCK RECOVER, 1/2 TURN L, ROCK RECOVER, RUN, RUN, 1/2 TURN R WITH SWEEP & HAND FLOURISH

- 1, 2&3 Step R to slight R diagonal, cross L over R, step back R, step back L on slight L diagonal
4&5 Cross R over L, step back L, rock back on R opening body up to 3:00
6&7 Recover to L, 1/2 turn left stepping R, rock back to L opening body up to 9:00
8&1 Run, run 1/4 t R, stepping R,L, step R while turning 1/4 turn R sweeping left in front.

Hands: Cross hands in front of face and circle outwards as you do the sweep (12:00)

R WEAVE & SWEEP WITH ARMS, L WEAVE WITH CROSS ROCK R, CROSS ROCK L, RECOVER R,L

- 2&3 Cross L, side R, behind L while sweeping R from front to back and doing "ta-da!" motion with hands and arms
4&5 Behind R, side L, cross rock R
6&7 Recover to L, side R, cross rock L
8& Recover R,L together (12:00)

STEP R, PIVOT L, STEP R, PIVOT L, ROCK RECOVER WITH 1/4 TURN R

- 1, 2&3 Step forward R, pivot 1/2 turn L onto L, step R, pivot 1/2 turn L onto L
4& Rock forward on R, recover L turning 1/4 turn R (3:00)

Pause/Restart: Wall 8 (9:00) - dance up to and including count 11 (shown above), recover to R, then L, turning to the front wall. Stay put for approx. 20 seconds until lyrics begin again. Restart dance when he sings "mind" and dance until the end of the full turn to the right.

End the dance on the front wall raising and lowering your arms while fluttering your hands for the big finish.

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