Gold Rockabye Baby (寶寶好好睡) (zh)

拍数: 32 **墙数:** 2 **级数:** Absolute Beginner
编舞者: Amy Yang (TW) & Li Michelle (MY) - 2017年05月
音乐: Rockabye (feat. Sean Paul & Anne-Marie) (Moshe Buskila Remix) - Clean Bandit

Intro: Start after 32 counts or start at 0.20 seconds (No Tag No Restart)
(Get Funky And Push Hips As You Dance)

Sec. 1: SIDE MAMBO(R&L), OUT, OUT, IN, IN

1& 2	Step RF to R, Recover onto LF, Step RF beside LF
3& 4	Step LF to L, Recover onto RF, Step LF beside RF
5 – 8	Step R forward diagonal R, step L forward diagonal L, Step RF back to center , Step LF together
1&2	右足右踏,重心回左足,右足併於左足旁
3&4	左足左踏,重心回右足,左足併於右足旁
5 - 8	右足右斜前踏,左足左斜前踏,右足後踏,左足併於右足旁

Sec. 2: CROSS, RECOVER, SIDE, RECOVER, CROSS, RECOVER, LONG SIDE, DRAG, HIP BUMP

1&2&	Cross RFover LF, Recover onto LF, Step RF to R, Recover onto LF
3& 4	Cross RFover LF, Recover onto LF, Step RF to R(no recover weight)
5 – 6	Long step RF to R, Drag LF toward RF and touch LF beside RF
7& 8	Bump hip L、R、L
1&2&	右足右踏,重心回左足,右足右踏,重心回左足
3& 4	右足右踏,重心回左足,右足右踏(不回重心)
5 – 6	右足右踏大步,左足拖至右足及點收於右足旁
7& 8	推臀左、右、左

Sec. 3: 1/4 TURN L FORWARD, TOUCH, HIP BUMP, 1/2 TURN R FORWARD, TOUCH, HEEL SWIVELS

1-2,3&4	1/4 turn L step LF forward, Touch RF beside LF, Bump hip R、L、R(09:00)
5-6,7&8	1/2 turn R step RF forward, Step LF beside RF, Swivel both heels to R , Swivel both heels to L, Swivel both heels to center(weight onto LF) (03:00)
1-2,3&4	左轉 1/4左足前踏,右足點收於左足旁,右推臀右、左、右(09:00)
5-6,7&8	右轉 1/2 右足前踏,左足併於右足旁,旋轉兩足腳踵向右,旋轉兩足腳踵向左,旋轉兩足 腳踵向中心(左足重心)(03:00)

Sec. 4: BACK TOE STRUT WITH 1/4 TURN R

1 – 4	Touch RF toes back, Drop RF heel down, Touch LF toes back, Drop LF heel down
5 – 8	1/4 turn R touch toes on RF, Drop RF heel down, Touch LF toes back, Drop LF heel down(06:00)
1 - 4	右足腳趾後點,右足腳踵踏下,左足腳趾後點,左足腳踵踏下
5 – 8	右轉1/4右足腳趾點,右足腳踵踏下,左足腳趾後點,左足腳踵踏下(06:00)

Start again.

Ending : During wall 9, after 16 counts(facing 12:00)
結束:跳到第九面牆，16拍(面向12: 00)

Have Fun & Happy Dancing !

Contacts : -
Li Michelle li3838.michelle1@gmail.com or
Amy Yang: yang43999@gmail.com