Lone Digger

拍数: 32

级数: Improver

编舞者: Floriane Cattin (FR) - May 2017

音乐: Lone Digger - Caravan Palace

Intro : 20 counts	

[1-8] STEP L, CHARLESTON STEPS, TOUCH RF FWD, STEP BACK X2

- Step LF fwd, Touch R toe fwd 1-2
- 3-4 Sweep RF out to R and step back on RF, touch L toe back
- 5-6 Sweep LF out to L and step fwd on LF, touch R toe fwd
- 7-8 Step back RF, step back LF (12:00)

[9-16] STEP BACK X2, COASTER STEP, HEEL, HOLD, TRIPLE STEP

- 1-2 Step back RF, step back LF
- 3&4 Step back on R. Step L next to R.Step forward on R.
- 5-6 Touch L heel fwd, hold
- Step R next to L, Step forward on L, Step R next to L, Step forward on L (12:00) &7&8

(Restart here on wall 8, add a & : &1-2 Step R next to L, Step LF fwd, Touch R toe fwd)

[17-24] STEP TURN 1/4 X2. STEP TURN 1/8 X2

- Step RF fwd, ¼ turn to LF recover weight on LF (9:00) 1-2
- 3-4 Step RF fwd, ¼ turn to LF recover weight on LF (6:00)
- 5-6 Step RF fwd, 1/8 turn to LF recover weight on LF(4:30)
- 7-8 Step RF fwd, 1/8 turn to LF recover weight on LF(3:00)

[25-32] JAZZ BOX, FLICK X2, HOLD, JUMP FWD

- Cross RF in front of LF, Step LF back 1-2
- 3-4 Step RF to R side, Step LF fwd
- 5-6 Flick the L leg back in L diagonal (2 times)
- Hold feet together, jump with your feet together (but keep your weight on RF for start again) 7-8 (3:00)

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墙数:4