

Clap Snap

拍数: 96 墙数: 1 级数: Intermediate
编舞者: Sobrielo Philip Gene (SG) & Rebecca Lee (MY) - May 2017
音乐: Clap Snap - Icona Pop



Start on the Vocals, 16 counts in (0.07)□□

[1-8]□HEEL SWITCHES, HEEL BOUNCE, ½ TURN SNAP, BALL STEP STEP

1&2& Touch R heel forward (1), step R beside L (&), touch L heel forward (2), step L beside R(&)
3&4 Step R forward (3), lift both heels up (&), bring both heels down (4)
5-6 Twist both feet making ½ L (5), snap R hands to the back of right (6) (weight on right) (6:00)
&7-8 Step L beside R (&), step R forward (7), step left forward (8) (6:00)

[9-16]□POINT CROSS, POINT JAZZ BOX ¼, CROSS SHUFFLE

1,3 Point R to R(1), cross R over L (2), Point L to L (3)
4-6 Cross L over R (4), step R slight back (5), making ¼ L step L (6)(9:00)
7&8 Cross R over L (7), step L to L (&), cross R over L (8)(9:00)

[17-24]□HEEL JACK, BALL CROSS, STEP ¼ SWEEP, BEHIND SIDE CROSS

1,2 Step L to L (1), step R behind L (2)
&3 Step L to L (&), touch R heel to diagonal R
&4 Step R back (&), cross L over R (4)
5,6, Making ¼ L step R back (5), sweep L front to back (6) (12:00)
7&8 Step L behind R (7), step R to R (&), Cross L over R (8) (12:00)

[25-31]□HIP ROLL TOUCH R & L, RUN

1,2 Step R to R as you roll hip anti-clockwise (1), tap L to L as you finish the hip roll (2)
3,4 Step L to L as you roll hip clockwise (3), tap R to R as you finish the hip roll (4)
5&6 Step R in place (5), step L in place (&), step R in place (6)
&7& Step L in place (&), step R in place (7), step L in place (&)

[32-39]□STOMP STOMP, CLAP, HITCH CLAP,STOMP STOMP, CLAP SNAP

8,1 Stomp R slightly to right (8), stomp L slightly to L (1)
NOTE: THIS IS DONE ON THE VOCALS WHEN SHE SINGS CLAP CLAP(8,1)□
2,3 Clap hands slightly above head (2), hitch R up and clap hands under R leg(3)
4,5 Stomp R in place (4), stomp L in place (5)
NOTE: THIS IS DONE ON THE VOCALS WHEN SHE SINGS CLAP SNAP(4,5)□
6,7 Clap hands slightly above head (6), snap fingers at shoulder level at respective side(7)
(12:00)

[40-48]□DIAGONALLY WALK CLAP CLAP, DIGONALLY WALK CLAP SNAP

8,1 Step R diagonally forward R (8), Step L forward (1)
NOTE: THIS IS DONE ON THE VOCALS WHEN SHE SINGS CLAP CLAP (8,1)□
2,3 Step R forward and clap hands above head (2), clap hands down at waist level (3)
4,5 Step L diagonally forward L (4), step R forward (5)
NOTE: THIS IS DONE ON THE VOCALS WHEN SHE SINGS CLAP SNAP (4,5)□
6,7 Step L forward and clap hands above head (6), snap fingers at shoulder level (7)
8 Facing back to front slap respective hips (8) (weight on L) (12:00)

*RESTART: ON WALL 3

[49-56]□SIDE TOGETHER SIDE TOUCH, SIDE TOGETHER SIDE CROSS

1,2,3,4 Step R to R (1), Step L beside R (2), step R to R (3), touch L beside R (4)
5,6,7,8 Step L to L (5), Step R beside L (6) step L to L (7), cross R over L (8)

[57-64] □ UNWIND FULL TURN, STEP HANDS UP, CONTRACT

- 1,2,3 Turning full turn to the left (1-3)
4,5 Step R to R (4), Bring R hands up to head level (5)
6&7&8& Slowly bring your R hands to your heart with a popping effect according to the music (12:00)

NOTE: WHEN DOING THIS YOUR BODY WOULD BE BENDING FORWARD A LITTLE

[65-72] □ PADDLE POINTS 1,2 TURN, JAZZ BOX ¼ TURN

- 1,4 Turning 1/8 L point R to R(1), 1/8 L point R to R(2), 1/8 L point R to R (3), 1/8 L point R to R (4)

NOTE: WHEN DOING THIS PLACE RIGHT HAND UP AND LEFT HAND DOWN (LIKE AN AIRPLANE)

- 5,8 Cross R over L (5), step L slightly back (6), making ¼ R step R to R (7), step L forward (8)(9:00)

[73-80] □ RUNNING MAN, JAZZ BOX ¼ TURN □

- 1&2& Scoot L Back and hitch R up(1)step R down and hitch left(&), Scoot R back (2) step L down and hitch R(&)
3&4& Scoot L Back (3) step R down (&), Scoot R back and hitch L up (4) step L down (&)(9:00)

NOTE: BENDING BOTH HAND PUSH ELBOWS BACK OR HOW YOUR HANDS WOULD BE WHEN YOU RUN/JOG

- 5-8 Cross R over L (5), step L slightly back (6), making ¼ R step R to R (7), step L to L (8)(12:00)

[81-88] □ HAND MOVEMENTS JAZZ BOX ¼ TURN

- 1 Step R to R as you bring R hands up at face level fist clench and L hand down at waist level fist clench
2 Switch hand bringing L up and R down
3& Switch hands bringing R up and L down (3), Switch hands bringing L up and R down (&)
4& Switch hands bringing R up and L down (4), Switch hands bringing L up and R down (&)
5-8 Cross R over L (5), step L slightly back (6), making ¼ R step R to R (7), step L forward (8)(3:00)

[89-96] □ STEP HOLD, WALK WALK, SLOW TURN

- 1,2 Step R forward (1), hold (2)
3,4 Step L forward (3), step R forward (4)

NOTE: ON COUNT 4 PLACE RESPECTIVE TO THE SIDE WITH PALM FACING DOWN (LIKE SURFING)

- 5-8 Making ¼ turn L slowly twist and turn both feet (weight on L) (12:00)

RESTART: On wall 3 do dance up to counts 48 (hip slap) facing the front and start the dance again.(12:00)

Contact: sphilipg@hotmail.com / www.sphilipg.webs.com - rebecca_jazz@yahoo.com
