Gan Xie Ni



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Nicky Tan (MY) - May 2017

音乐: Thank You (感謝妳) - Zhao Chuan (趙傳)



Dance starts at vocal

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C4: 4 .	D -:	Dakind Cida	O		Back + Ronde	Out Deals Des	de Danaseau
Section 1 .	REIMA	RANINA SIAA	I race	HOCK /V	Rack + Runua	4V ROCK Rat	'Y RACOVALI

1,2& Step RF to side, Step LF behind RF, Step RF to side

3,4& Cross LF over RF, Step RF diagonally back, Step LF diagonally back (1:30)

5 Step RF back with Ronde (12:00)

6 Step LF back with Ronde

7 Repeat Step 5

8& Rock LF behind RF, Recover on RF

Section 2: Nightclub 2-Step Basic to L, then R, Run Run Step, Back 2x, ½ R, ½ R back

1,2& Step LF to side, Rock RF behind LF, Recover on LF (12:00)

3,4& Step RF to side, Rock LF behind RF, Recover on RF

5& Small step forward on LF then RF

6 Step LF forward

7& Step RF back, Step LF back

8& Turn ½ R & Step RF forward, Turn ½ R & Step LF back (12:00)

Easier option: 1/4 R RF Step Side, LF Cross

8& Turn ¼ R & Step RF to side, Step LF together (3:00)

Section 3: 1/4 R Side Rock, Recover,

1,2 Turn ¼ R & Rock RF to side, Recover on LF (3:00)

3& Cross RF over LF, Step LF to side

4& Turn ½ R & Step RF to side, Cross LF over RF (9:00)

5,6 Touch RF to side, Touch RF beside LF

7,8 Make a small circle with RF and end with RF touch beside LF

Section 4: R Step, Step ½ R Pivot Forward, Step ½ L Pivot Forward, Cross, Full turn Unwind

1,2& Step RF forward, Step LF forward, ½ R Pivot weight on RF (3:00) 3,4& Step LF forward, Step RF forward, ½ L Pivot weight on LF (9:00)

5.6 Step RF forward, Cross LF over RF

7,8 Slowly make a full turn unwind clockwise end with weight on LF

Easier option:

5,6 Step RF forward, Step LF to side & Sway body to L

7,8 Sway body to R then L

RESTART: At Wall 4 (3:00) Dance for 16 counts and restart dance at 6:00