

# If I Lose You

**COPPERKNOB**  
STEPSHEETS

拍数: 64      墙数: 2      级数: Improver  
编舞者: Rarayanti Marwan (INA) - May 2017  
音乐: Como Me Duele Perderte - Gloria Estefan



Intro: 32 counts!

**[1 - 8] □ □ RL (SIDE, TOGETHER, SIDE, HOLD)**

1 2      Step R side on R, Step L together R  
3 4      Step R side on R, Hold  
5 6      Step L side on L, Step R together L  
7 8      Step L side on L, Hold

**[9 - 16] □ FWD DIAG. R HIP BUMP, HOLD, SWAY LR, FWD DIAG. L HIP BUMP, HOLD, SWAY RL**

1 2      Step R fwd diagonal and R hip bump, Hold  
3 4      Sway on L, Sway on R and R hip bump  
5 6      Step L fwd diagonal and L hip bump, Hold  
7 8      Sway on R, Sway on L and L hip bump

**[17 - 24] □ R FWD MAMBO, HOLD, L BWD MAMBO, HOLD □**

1 2      Rock R forward, Recover on L  
3 4      Rock R backward, Hold  
5 6      Rock L backward, Recover on R  
7 8      Rock L forward, Hold

**[25 - 32] □ CROSS, SIDE, CROSS, FLICK, ¼ R TURN STEP, LOCK, STEP, FLICK □**

1 2      Cross R over L, Side on L  
3 4      Cross R over L, flick L and make ¼ R Turn on R ball  
5 6      Step L forward, lock R step behind L  
7 8      Step forward on L, flick R

**\*Restart here during wall 2, 4, 6, 9 by flicking R, making ¼ L Turn, and start again**

**[33 - 40] □ CROSS, SIDE, BEHIND, SWEEP, BEHIND, SIDE, FWD, HOLD**

1 2      Cross R over L, Side on L  
3 4      R behind L, sweep L from front to back  
5 6      L behind R, Side on R  
7 8      Step forward on L, Hold

**[41 - 48] □ FWD, ½ L TURN PIVOT, ¼ L TURN, HOLD, BEHIND, SIDE, FWD, HOLD**

1 2      Step forward on R, ½ L turn pivot step on L  
3 4      ¼ L Turn side on R, Hold  
5 6      Step L behind R, Side on R  
7 8      Step forward on L, Hold

**[49 - 56] □ ½ L TURN, ½ L TURN, FWD, HOLD, L FWD MAMBO**

1 2      ½ L turn stepping back on R, ½ L Turn step forward on L  
3 4      Step forward on R, Hold  
5 6      Rock L forward, Recover on R  
7 8      Rock L backward, Hold

**[57 - 64] □ R COASTER STEP, FWD, REC., L COASTER STEP**

1 2      Step back on R, Step L backward together R  
3 4      Step forward on R, Step forward on L

5 6 Recover on R, Step back on L

7 8 Step R backward together L, Step forward on L

**\*styling during count (57 – 64)**

Just make a slightly sway of your hips during count 57 until 64. Sway R hip a little to R while you move your R foot, and also slightly sway L hip to L while you move your L foot.

This is the end of the dance, and you may start again. I hope you enjoy the dance!

**\*Ending is at wall 11, just make a pose on count 53**

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