

Lay Our Flowers

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - March 2017
音乐: Lay Our Flowers Down - Lady A : (Album: The Shack - iTunes)



Starts on Vocal (16 Counts)

S1: Back, Back, 1/2, Mambo Step, Rock Step, Right Lock .

- 1-3 Step back on Left, step back on Right, make 1/2 turn to Right swivelling on both heels lifting toes . (6:00)
4&5 Rock forward on Left, recover on Right, step back on Left.
6-7 Rock back on Right, recover on Left.
8&1 Step forward on Right, lock Left behind Right, step forward on Right.

S2: Rock Step, 3/4 Shuffle, Step, 1/2, 1/4 Chasse.

- 2-3 Rock forward on Left, recover on Right.
4&5 Make 1/4 turn to Left stepping Left to Left side, 1/4 turn Left stepping Right next to Left, 1/4 turn Left (9:00) □stepping forward on Left.
6-7 Step forward on Right, make 1/2 turn to Right stepping back on Left. (3:00)
8&1 1/4 turn Right stepping Right to Right side, step Left next to Right, step Right to Right side. (6:00)

S3: Cross, Sweep, Crossing Shuffle, Side Rock, Behind 1/4 Step.

- 2-3 Cross step Left over Right, sweep Right out.
4&5 Cross step Right over Left, step Left to Left side, cross step Right over Left.
6-7 Rock Left to Left side, recover on Right.
8&1 Cross step Left behind Right, make 1/4 turn to Right stepping forward on Right, step forward on Left. (9:00)

S4: 1/2, 1/2, Rock & 1/2, 1/2, Back, Lock Step Back.

- 2-3 Make 1/2 turn to Left stepping back on Right, 1/2 turn Left stepping forward on Left.
4&5 Rock forward on Right, Recover on Left, make 1/2 turn right stepping forward on Right.
6-7 1/2 turn Right stepping back on Left, step back on Right.
8&1 Step Back on Left, lock Right over Left, step back on Left. **R**

S5: 1/2, Side, Rock & Side, Sway, Sway, Behind & Cross.

- 2-3 Make 1/2 turn to Right stepping forward on Right, step Left to Left side. (3:00)
4&5 Cross rock Right behind Left, recover on Left, step Right to Right side.
6-7 Sway to Left, sway to Right.
8&1 Cross step Left behind Right, step Right to Right side, cross step Left over Right.

S6: Circular Turn 1/8, 1/8, 1/8, Back, 1/8, Walk, Walk, Mambo Step.

- 2-3 Make 1/8 turn to Right stepping forward on Right, 1/8 turn Right stepping Left to Left side. (6:00)
4&5 1/8 turn Right stepping back on Right, step back on Left, 1/8 turn to Right stepping Right to Right side. (9:00)
6-7 Walk forward Left-Right.
8&(1) Rock forward on Left, recover on Right, (step back on Left).

****R** Restarts... Wall 1.. Wall 3.**

Dance Up To & Including Counts 8& Section 4 (32&) ... Then Restart From Beginning.

