

# Flatt Out Dance

COPPER KNOB  
BY STEPHENETS

拍数: 48      墙数: 2      级数:  
编舞者: Bracken Heidenreich (USA), Junior Willis (USA) & John Robinson (USA) - May 2017  
音乐: Dance - Rascal Flatts : (Album: Back to Us - 3:22)



Intro: 24 counts

Restart after 32 counts during 5th repetition\*

## [1-8] □ TOUCH, AND TOUCH, AND TOUCH, TWIST, TWIST, FORWARD ROCK, TRIPLE STEP (ONE AND A HALF TURNS)

1&2&      Touch R forward; & Step R next to L; Touch L forward; & Step L next to R  
3&4      Touch R forward; & Twist R heel out; Twist R heel to center  
5-6      Rock R forward; Recover L in place  
7&8      Turn half right [6:00] stepping R forward; & Turn half right [12:00] stepping L next to R; Turn half right [6:00] stepping R forward

## [9-16] □ WIZARD STEP, QUARTER WIZARD STEP, FORWARD ROCK, OUT OUT, BUMP BUMP

1,2&      Step L forward; Lock R behind L; & Step L in place  
3,4&      Turn quarter right [9:00] stepping R forward; Lock L behind R; & Step R in place  
5-6      Rock L forward; Recover R in place  
&7&8      & Step L to left side; Place R to right side; & Bump hips right; Bump hips left (weight L)

## [17-24] □ SIDE, DRAG, BALL CROSS, SIDE, DROP AND ROLL, AND ROLL AND ROLL

1,2      Large step R to right side; Drag L toward R  
&3,4      & Step ball of L slightly back; Step R across L; Step L to left side  
5-6      Bend knees, dropping hips, and scooping hips left to right  
&7&8      Scoop hips left to right twice, weight ending R

## [25-32] □ BALL CROSS SIDE, SAILOR STEP, SAILOR THREE-QUARTER TURN LEFT, WALK, WALK

&1,2      & Step ball of L slightly back; Step R across L; Step L to left side  
3&4      Step R behind L; & Step L to left side; Step R to right side  
5&6      Turn quarter left [6:00] stepping L behind right; & Turn quarter left [3:00] stepping R in place; Turn quarter left [12:00] stepping L forward  
7-8      Walk R forward; Walk L forward

\*Restart here during 5th repetition

## [33-40] □ KICK, BALL STEP, BALL STEP, HITCH, BACK, TOUCH, QUARTER, TOUCH

For steps 1-6, angle hips to face 1:30, travel forward to 12:00

1&2      Kick R to forward right diagonal; & Step ball of R slightly behind L; Step L toward 12:00  
&3,4      & Step ball of R slightly behind L; Step L toward 12:00; Hitch R next to L  
5-6      Step R back toward 4:30; Touch L next to R  
7-8      Turn quarter left [9:00] stepping L to left side; Touch R next to L

## [41-48] □ SIDE ROCK, SAILOR QUARTER RIGHT, STEP, HALF PIVOT, TRIPLE STEP (FULL TURN)

1-2      Rock R to right side; Recover L in place  
3&4      Turn quarter right [12:00] stepping R behind L; Step L to left side; Step R to right side  
5-6      Step L forward; Turn half right [6:00] transferring weight R  
7&8      Turn half right [12:00] stepping L back; & Turn half right [6:00] stepping R next to L; Step L forward

TAG: After Wall 2, add these 4 counts, facing 12:00

- 1 Step R forward
- 2-3 Over two counts, smoothly roll body forward then transfer weight back to L
- 4 Touch R next to L

**Note:** Thank you very much to Linda Ellis for suggesting this track, and to Lu Rousch for suggesting the title of this dance.

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