Envole-moi (Theory of Flight)

拍数: 64	墙数: 4	级数: Intermediate

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音乐: Envole-moi - M. Pokora & Tal : (Album: Génération Goldman)

Alt. track:□Envole-moi. Coraly K, Flash Ki. 2:54 – 112 bpm
[NO YouTube block]

#3 TAGS:
#1 Easy 12count Tag added 2x
#1 Easy 2count Tag added 1x
#1 Easy 4count Tag added 1x

Start on vocals.

S1: □SIDE. CROSS. BACK. CHASSE LEFT. ROCK R ACROSS. L BACK ¼ RIGHT. TRIPLE TURN ¼ RIGHT

1,2,3	Step R to right side, rock L across R, recover R back,
4&5	Step L to left side, step R next to L, step L to left side,
6,7	Rock R across L, recover L back ¼ turn right, [3.00]
8&1	Make a triple turn ¼ right: stepping R fwd turning a ¼ turn right, step L next to R, step R to right side [6.00]

S2: □ROCK ACROSS. RECOVER. CHASSE ¼ LEFT. FULL TURN LEFT. SWEEP

2,3	Rock L across R, recover R back,
4&5	Step L to left side, step R next to L, step L fwd turning ¼ left, [3.00]
6,7	Step R back turning a ½ left, step L fwd turning ½ left, [3.00]
8	Sweep R from back to front raising on L toe [3.00]

S3: □CROSS. BACK. &. CROSS SHUFFLE. R LOCKSTEP BACK. L LOCKSTEP BACK.

1,2&	Step R across L, step L back, step R to right side,
3&4	Step L across R, step R to right side, step L across R,
5&6	Step R back, step L across R, step R back,
7&8	Step L back, step R across L, step L back [3.00]

S4:□ROCK BACK. RECOVER FWD. SAMBA STEP. CROSS. &. CROSS. &. CROSS. & CROSS.

1,2	Rock R back, recover L fwd,
3&4	Rock R across L, recover L to left side, step R to right side,
5&6&	Step L across R, step R to right side, step L across R, step R to right side,
7&8	Step L across R, step R to right side, step L across R [3.00]

Optional style note:
Sweep hands from sides forward, up, out and around in counts 5 to 8 [Cross shuffles]

S5:□LUNGE FWD. STEP BACK. COASTER STEP. ROCK. RECOVER. CHASSE ¼ LEFT

1,2	Lunge R to right diagonal punching L fwd, step L back,
3&4	Step R back, step L next to R, step R fwd,
5,6	Rock L to right diagonal, recover R back,
7&8	Step L to left side, step R next to L, step L fwd turn ¼ left [12.00]

*Add a 4 count TAG and Restart here during wall 4, facing 6.00 [TAG 3]□
*CROSS; BACK; SIDE; CROSS

S6:□CROSS. HOLD. BACK. SIDE. CROSS. BACK. &. CROSS SHUFFLE

1,2	Step R across L, hold,
3,4	Step L back, step R to right side,

5,6   Step L across R, step R back,

*Add a 2 count TAG and restart here during wall 2, facing 3.00 [TAG 2]

*1-2 STEP L; TOUCH R

&   step L to left side,

7&8   Step R across L, step L to left side, step R across L [12.00]

S7:☐ROCK FWD. RECOVER. SIDE ¼ LEFT. SWEEP. CROSS. BACK. SHUFFLE ½ RIGHT

1,2   Rock L fwd, recover R back,

3,4   Step L to left side turn ¼ left, sweep R across L,[9.00]

5,6   Step R across L, step L back,

7&8   Turning ½ right step R fwd, step L next to R, step R fwd [3.00]

S8:☐ROCK L FWD. RECOVER R BACK. SHUFFLE BACK. ROCK BACK. RECOVER. & . OUT. ☐TOUCH R TO L

1,2   Rock L fwd, recover R back,

3&4   Step L back, step R next to L, step L back,

5,6   Rock R back, recover L fwd,

&7,8   Jump R out, step L to left side, touch R to L [3.00]

START AGAIN

TAG 1: Added after wall 1, facing 3.00 and wall 3, facing 6.00-
ROCK R FWD; RECOVER; TRIPLE BACK; ROCK BACK; RECOVER; TRIPLE FWD; FULL PIVOT TURN LEFT

TS1

1,2   Rock R fwd, recover L back,

3&4   Triple step back stepping R, L, R,

5,6   Rock L back, recover R fwd,

7&8   Triple step fwd stepping L, R, L

TS2

1,2,3,4   Step R fwd, step L fwd ½ turn left, step R fwd, step L fwd ½ turn left

TAG 2: Added during wall 2, after count 6, sec. 6, facing 3.00 –to restart
STEP L; TOUCH R

1,2   Step L to left side, touch R to L

TAG 3:☐Added during wall 4, after sec. 5, facing 6.00 – to restart
CROSS; BACK; SIDE; CROSS

1,2,3,4   Step R across L, step L back, step R to right side, step L across R

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