Canadian Please



拍数: 64 编数: 4 级数: Phrased Easy Intermediate -

Novelty

编舞者: Sue Demitropoulos (CAN) - June 2017

音乐: "Canadian, Please" by Andrew Gunadie & Julia Bentley



Sequence: A, B, Tag 1, A, B, A, A-, Tag 2, B, B+

Parts B & Tags are 1 wall

Note: This looks complicated but it's a 32-count dance with fun bits in between that are cued really well by the music.

Part A: 32 counts

A[1-8] Walk R-L, 1/2 chase turn L, full turn R, L shuffle

1-2 Walk forward right, walk forward left

Step right forward, 1/2 turn left stepping left forward, step right forward
 1/2 turn right stepping left back, 1/2 turn right stepping right forward
 Step left forward, step right next to left, step left forward (6:00)

Easier option: walk forward left (5), walk forward right (6)

A[9-16] R side rock, R behind-side-cross, L side rock, L behind-side-1/4 turn R

1-2 Rock right to right side, recover weight to left

3&4 Cross right behind left, step left to left side, cross right over left

5-6 Rock left to left side, recover weight to right

7&8 Cross left behind right, step right to right side, 1/4 turn right stepping left forward (9:00)

A[17-24] R fwd rock, R coaster, L fwd rock, L sailor 1/2 turn

1-2 Rock right forward, recover weight to left

3&4 Step right back, step left next to right, step right forward

5-6 Rock left forward, recover weight to right

7&8 Sweep left behind right starting a 1/2 turn left, step right to right side finishing turn, step left to

left side (3:00)

[Tag 2 on A-]

A[25-32] Walk R-L, R fwd coaster, walk back L-R, out-out L-R, L close

1-2 Walk forward right, walk forward left

3&4 Step right forward, step left beside right, step right back

5-6 Step back left, step back right

7&8 Step left to left side, step right to right side, step left beside right (3:00)

PART B (chorus): 32 counts

B[1-8] "Soldier" walk R-L-R-L, "Money" R step-cross-step-cross

1-2-3-4 Walk forward right, left, right, left with straight legs and arms swinging to □side

5-6-7-8 Step right forward, cross left over right, step right forward, cross left over right while making a

"money" gesture with right hand

B[9-16] Full rolling turn R, L touch, full rolling turn L, R touch

1-2-3 Make 1/4 turn right stepping right forward, make 1/2 turn right stepping left back, make 1/4

turn right stepping right to side

4 Touch left next to right while nodding head once

5-6-7 Make 1/4 turn left stepping left forward, make 1/2 turn left stepping right back, make 1/4 turn

left stepping left to side

8 Touch right next to left while nodding head once

B[17-24] "Can-can" R step-cross kick, L step-cross kick, "Chill" pose	
1-2-3-4	Step right to right side, kick left across right, step left to left side, kick right across left while holding arms straight across
5-6-7-8	Step right to side and lean into it while crossing arms in front (shift weight left on count 8)
B[25-32] Full rolling turn R, L touch, full rolling turn L, R touch	
1-2-3	Make 1/4 turn right stepping right forward, make 1/2 turn right stepping left back, make 1/4 turn right stepping right to side
4	Touch left next to right while nodding head once
5-6-7	Make 1/4 turn left stepping left forward, make 1/2 turn left stepping right back, make 1/4 turn left stepping left to side
8	Touch right next to left while nodding head once
Tag 1: (French section): after first Part B at 3:00	
	L shuffle 1/4 turn, R shuffle, L shuffle 1/4 turn
1&2	Step right forward, step left next to right, step right forward
3&4	Step left forward making a 1/4 turn left, step right next to left, step left forward
5&6	Step right forward, step left next to right, step right forward
7&8	Step left forward making a 1/4 turn left, step right next to left, step left forward
[Styling: roll hands at eye level]	
[9-16] R shuffle, L shuffle 1/4 turn, R shuffle, L shuffle 1/4 turn	
1&2	Step right forward, step left next to right, step right forward
3&4	Step left forward making a 1/4 turn left, step right next to left, step left forward
5&6	Step right forward, step left next to right, step right forward
7&8	Step left forward making a 1/4 turn left, step right next to left, step left forward
	ands at eye level]
Tag 2: (James Cameron): on wall 4 of Part A after count 24 (1/2 sailor) you will be facing 12:00; Make a full circle to the left for 8 counts walking right, left, right, left, right, left, right, left.	
Part B+ (extended chorus): B+[1-8] "Greek" Walk R-L-R-L, "Wall" side touch R-L	
1-2-3-4	Step forward right, step forward left and snap right, step forward right, step forward left and snap right
5-6-7-8	Step right to right side, touch left next to right, step left to left side, touch right next to left while bring arms up sides in an arc
B+[9-16] Full rolling turn R, L touch, full rolling turn L, R touch	
1-2-3	Make 1/4 turn right stepping right forward, make 1/2 turn right stepping left back, make 1/4 turn right stepping right to side
4	Touch left next to right while nodding head once
5-6-7	Make 1/4 turn left stepping left forward, make 1/2 turn left stepping right back, make 1/4 turn left stepping left to side
8	Touch right next to left while nodding head once
B+[17-24] "Safari" Hip dips R-L, "Other" Bounces	
1-2	Step right to right side while bending knees and swinging hips right, □□□straighten knees

right to right side with right hand cross forehead 5-6-7-8 Bounce knees down-up-down up while holding hands in an "I don't know" gesture (weight needs to end up left)

3-4

B+[25-32] Full rolling turn R, L touch, full rolling turn L, R touch

1-2-3 Make 1/4 turn right stepping right forward, make 1/2 turn right stepping left back, make 1/4 turn right stepping right to side

Step left to left side while bending knees and swinging hips left, straighten knees and touch

and touch left to left side with right hand across forehead

4 Touch left next to right while nodding head once

5-6-7 Make 1/4 turn left stepping left forward, make 1/2 turn left stepping right back, make 1/4 turn

left stepping left to side

8 Touch right next to left while nodding head once

End with "Chill" pose

Happy 150th birthday Canada!

Contact: hibou221B@gmail.com