I'm Stuck

1 - 2&

3&4

1&2&

3&4&

5 - 8

1&2 3&4

5 - 8

&1 - 2

3&4

5 - 6

7&8

1 - 4

5 - 8

1 - 4

5&6

7&8

1 - 4

5&6

7&8



拍数: 64 墙数: 2 级数: Improver 编舞者: Daniel Trepat (NL), Roy Verdonk (NL), Nisrine Verdonk (NL) & Laura Bartolomei (FR) - June 2017 音乐: I'm Stuck - Noah Cyrus Intro: 16 counts from first beat in music (app. 8 sec. into track) Tag: 12 counts in the 5th wall after 32 counts then continue the dance from count 33 [1 – 8]□Stomp, Hold, Close, Shuffle Diagonal, Cross, Back, Shuffle ¼ turn L□ Stomp R diagonally R forward (1), Hold (2), Step L next to R (&) □ 12:00 Step R diagonally R forward (3), Step L next to R (&), Step R diagonally R forward (4) □ 12:00 5 - 788Cross L over R (5), Step R back (6), Step L to L side (7), Step R next to L (&), ¼ turn L stepping L forward (8) □ 9:00 [9 – 16] ☐ 4 Heel Switches With a ¼ turn L, ½ turn L with heel Bounces ☐ R heel touch fwd (1), Step R next to L (&), L heel touch fwd (2), ¼ turn L stepping L next to R $(\&)\Box 6:00$ R heel touch fwd (3), Step R next to L (&), L heel touch fwd (4), Step L next to R (&) □6:00 Step R forward (5), Start turning ½ turn L with both feet heel bounce (6), Continue turning and bounce both heels (7) Finish turning and bounce with both heels (finish on R) (8) □ 12:00 [17 – 24] ☐ Coaster step, Kick Ball Step, Rocking Chair ☐ Step L back (1), Step R next to L (&), Step L forward (2) □ 12:00 Kick R forward (3), Step on ball of R next to L (&), Step L forward (4) □ 12:00 Rock R forward (5), Recover on L (6), Rock R back (7), Recover on L (8) □ 12:00 [25 – 32] □¼ turn L, Big step R, Sailorstep, Heel Grind with ¼ turn R, Coasterstep □ ¼ turn L (weight still on L) (&), Big step R to R side (1), Collect L next to R (2) □9:00 Step L behind R (3), Step R slightly to R side (&), Step L to L side (4) □ 9:00 Cross R on Heel over L (5), ¼ turn R (turning on the R heel) and step L back ☐ 12:00 Step R back (7), Step L next R (&), Step R forward (8) □ 12:00 [33 – 40]□Charleston Basic□ Touch L forward (1), Step L back (2), Touch R back (3), Step R forward (4) □ 12:00 Repeat count 1 to 4□12:00 [41 – 48] □ Jazzbox ¼ turn L, Shuffle Diagonal L, Shuffle Diagonal R (with arm movements) □ Cross L over R (1), ¼ turn L stepping R back (2), Step L to L side (3), Cross R over L Step L in L diagonal (pushing both hands up) (5), Step R next to L (hands next to head) (&), Step L in L diagonal (pushing both hands up) (6) □9:00 Step R in R diagonal (pushing both hands up) (7), Step L next to R (hands next to head) (&), Step R in R diagonal (pushing both hands up) (8) □9:00 [49 – 56] ☐ Jazzbox ¼ turn L, Shuffle Diagonal L, Shuffle Diagonal R (with arm movements) ☐ Cross L over R (1), 1/4 turn L stepping R back (2), Step L to L side (3), Cross R over L $(4)\Box 6:00$

Step L in L diagonal (pushing both hands up) (5), Step R next to L (hands next to head) (&),

Step R in R diagonal (pushing both hands up) (7), Step L next to R (hands next to head) (&),

Step L in L diagonal (pushing both hands up) (6) □ 6:00

Step R in R diagonal (pushing both hands up) (8) □ 6:00

[57 – 64] □ Cross, Point R, Cross, Point L, Rockstep, Coasterstep □ 1 - 4Cross L over R (1), Point R to R side (2), Cross R over L (3), Point L to L side (4) □6:00 5 – 8 Rock L forward (5), Recover on R (6), Step L back (7), Step R next to L (&), Step L forward (8)□6:00 End of dance & begin again!□ TAG: ☐ 12 counts in the 5th wall after 32 counts then continue the dance from count 33 ☐ [1 – 12]□Hand brush back and fwd, 2x Clap, Hand Brush back and fwd, 1x Clap, ½ turn Circle Walk, Posé□ 1&2&3&4 Brush both hands back on legs (1), Brush both hands forward on legs (&), Clap (&), Brush both hands back on legs (3), Brush both hands forward on legs (&), Clap (4) □ 12:00 5 - 8Walking 4 walks in a half Circle L starting with the R (R 5, L 6, R 7, L 8) □ 6:00 9 - 12Step R diagonally R forward & Make a pose (9), Hold for 3 counts (10 – 12) □ 6:00 Continue with the dance from the Charleston Basics□