I Could Be The One

拍数: 32　　　　**墙数:** 4　　　　**级数:** Improver

编舞者: Nathan Gardiner (SCO) - June 2017

音乐: Be the One - Dua Lipa

Intro: 16 counts

Syncopated Rocking Chair, R Lock Step, L Rumba Box

1&2&	Rock forward on R, Recover on L, Rock back on R, Recover on L
3&4	Step forward on R, Lock L behind R, Step forward on R
5&6	Step L to L side, Step R next to L, Step back on L
7&8	Step R to R side, Step L next to R, Step forward on R

Chasse ¼ L, Step Pivot ¼ L Cross, Hinge ½ R Cross, Side Rock, Recover

1&2	Step L to L side, Step R next to L, ¼ L stepping forward on L
3&4	Step forward on R, Pivot ¼ L, Cross R over L
5&6	¼ R stepping back on L, ¼ R stepping R to R side, Cross L over R
7-8	Rock out to R side, Recover on L

Syncopated Rocks, Cross Rock, Recover, Side R & L

1&2&	Cross rock R over L, Recover on L, Rock out to R side, Recover on L
3&4	Cross rock R over L, Recover on L, Step R to R side
5&6&	Cross rock L over R, Recover on R, Rock out to L side, Recover on R
7&8	Cross rock L over R, Recover on R, Step L to L side

Cross, Side L, Back, Behind, ¼ R, Step Forward, Step Pivot ¼ L Step, Step ¾ R, Side L

1&2	Cross R over L, Step L to L side, Step back on R
3&4	Step L behind R, ¼ R stepping forward on R, Step forward on L
5&6	Step forward on R, Pivot ¼ L, Step forward on R
7&8	Step forward on L, Pivot ½ R, ¼ R stepping L to L side

Restart: On wall 4 after 16 counts

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