Little Nancy Mulligan

级数: Easy Beginner

编舞者: Ron Bloye (UK) - June 2017

音乐: Nancy Mulligan - Ed Sheeran : (iTunes & Amazon)

墙数:2

Intro: (16 counts from music start) \Box

拍数: 32

Sec 1: Side Together, Side Together Side, - To the Right and To the Left

- 1 2 Step Right to the Right Step Left next to Right.
- 3 & 4 Step Right to the Right Step Left next to Right Step Right to Right side. .
- 5 6 Step Left to the Left Step Right next to Left
- 7 & 8 Step Left to the Left Step Right next to Left Step Left to Left Side

Sec 2: Heel Hook Right Shuffle R.L.R - Heel Hook Left Shuffle L.R.L

- 1 2 Hook Right Heel in Front and Across Left Leg
- 3 & 4 Shuffle Forward Right.Left.Right.
- 5 6 Hook Left Heel in Front and Across Right Leg
- 7 & 8 Shuffle Forward Left.Right.Left.

Sec 3: Rock Rec Coaster Step – Rock Rec ½ Turn Shuffle

- 1 2 Rock Forward Right Recover on Left
- 3 & 4 Step Back Right Put Left next to Right Step Forward Right
- 5 6 Rock Forward Left Recover on Right
- 7 & 8 ¹/₂ turn over Left Shoulder and Shuffle forward Left.Right.Left.
- *Restart Here 24 counts on 1st wall Only

Sec 4: R.Heel L.Heel R.Heel. Clap Clap & L.Heel R.Heel L.Heel. Clap Clap.

- 1&2&3&4 Right Heel, Left Heel. Right Heel, Clap, Clap
- &5&6&7&8 Bring right next to left then Left Heel, Right Heel, Left Heel, Clap, Clap
- & Bring left foot next to right to start next wall

(This Looks Hard – but is Very Easy)

*Restart on wall 1 after 24 counts {6 o'clock}

** On last wall you will be at 6 o'clock on Sec 4 do :-first 4 counts and then L.Heel, R.Heel, Step ½ Turn Right & Pose

Was asked by my beginners last week for a dance so they could dance alongside our Improvers and Intermediates with a floor split to Nancy Mulligan, by Maggie G & Gary O'Reilly, as they loved the music – so here it is - hope you like !!!!

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