I'm Stuck

拍数: 32

级数: Improver

编舞者: Holly Easom (USA) - July 2017

音乐: I'm Stuck - Noah Cyrus

Triple step, rock step, 1/4, 1/4, crossing triple

- 1&2 Step RF to R, step LF next to RF, step RF to R
- 3,4 Rock LF behind RF, recover to RF
- Turn 1/4 turn R and step LF back (3 o'clock), turn 1/4 turn R and step RF to R (6 o'clock) 5,6
- Cross LF over R, Step RF to R, Cross LF over R 7&8

Rock, recover, sailor, turn with hips

- 1,2 Rock RF to R, recover weight to LF
- 3&4 Step RF behind LF, step LF next to RF, Step RF forward while making a 1/4 turn R (9 o'clock)
- 5.6 Turn 1/4 turn while stepping LF to L and swaying hips to L, recover weight to RF swaying hips to R (12 o'clock)
- 7,8 Turn 1/4 turn while stepping LF to L and swaying hips to L, recover weight to RF swaying hips to R (3 o'clock)

Cross, pointe, behind side cross, 1/4 turn, step, coaster

- Cross LF over R, point RF to R 1.2
- 3&4 Step RF behind LF, Step LF to L, cross RF over LF
- 5,6 1/4 R while stepping LF back (6 o'clock), step RF back
- 7&8 Step LF back, step RF next to LF, step LF forward

Kick and point x2, jazz box

- Kick RF foward, step RF next to LF, point LF to L 1&2
- 3&4 Kick LF foward, step LF next to RF, point RF to R
- 5-8 Cross RF over LF, make a 1/4 R and step LF back, step RF to R, cross LF over R

Tag: 12 counts - Happens after wall 9

- Walk in a big circle L for 8 counts and end up facing where you started 1-8
- 1-4 Hold for 4 counts, weight on LF so you can start the dance on the RF

Contact: holly.easom@gmail.com





墙数:4