

Hurt Me A Little More

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Holly Easom (USA) - July 2017
音乐: Hurt Me - Låpsley : (Album: Hurt Me - Single - 3:59)



Nightclub Basic, Nightclub basic, step, 1/2 turn, full spiral turn

1,2& Step R to R side (1), rock L behind R (2), recover to R (&)
3,4& Step L to L side (3), rock R behind L (4), recover to L (&)
5,6 Step R forward (5), keeping weight on R, 1/2 turn to the L (6) (6 o'clock)
7,8 Full turn to the R while shifting weight to L and dragging R toe around L (7) Step R forward (8) (6 o'clock)

Step, rock, recover, step, 1/2 pivot, 1/4 sweep, cross, weave

&1,2 Step L forward (&), rock R forward (1), recover to L (2)
&3&4 Step R next to L (&), Step L forward (3), Pivot 1/2 turn and step R forward (&) (12 o'clock), sweep L around while turning 1/4 R (4) (3 o'clock)
5&6& Cross L over R (5), rock R to R side (&) recover to L (6), cross R over L (&)
7&8& Step L to L side (7), cross R behind L (&), step L to L side (8), cross R over L (&)

Nightclub basic, 1/4 turn step lock, 1/4 sway, sway, nightclub basic

1,2& Step L to L side (1) rock R behind L (2), recover to L (&)
3,4& 1/4 R and step R forward (3) (6 o'clock), lock L behind R (4) step R □ forward (&)
5,6 Make a 1/4 turn R while stepping L to L and swaying to L (5) (9 o'clock), recover to R while swaying R (6)
7,8& Step L to L (7), rock R behind L (8), recover to L (&)

1/4 turn, traveling rock across, 1/8 turn, 1/8 turn, cross, 1/4 turn, 1/2 turn, 1/4 turn, cross

1,2& 1/4 to R while stepping R forward (1) (12 o'clock), rock L to L (2), recover to R while stepping slightly forward (&)
3,4& Cross L over R while stepping slightly forward (3), rock R to R (4) recover L to L while stepping slightly forward (&)
5&6& Step R forward (5), 1/8 R while stepping L back (&) (1:30), 1/8 R while stepping R to R side (6) (3 o'clock), cross L over R (&)
7&8& Make a 1/4 turn L while stepping R back (7) (12 o'clock), make a 1/2 turn L while stepping L forward (&) (6 o'clock), 1/4 L while stepping R to R side (8) (3 o'clock), cross L over R (&)

Restart: Happens on wall 8. Wall 8 starts facing 12 o'clock, you will restart while facing 3 o'clock. Do the first 16 counts as normal EXCEPT you will touch your R next to L on the last & count INSTEAD of crossing R over L so you can easily restart the dance by stepping R to R

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