It Ain't Nothin'



编舞者: Susan Dodge (USA) - June 2017

音乐: It Ain't Nothin' - Keith Whitley: (CD: The Essential Keith Whitley)



Intro: 16 counts

Note: Same Tag at the end of walls 4 and 8, facing 12:00

FACING LEFT DIAGONAL. STEP TOGETHER. SHUFFLE. ROCK RECOVER. STEP. SCUFF

1-2 Step R forward, step L next to R (facing L diagonal) (10:30)

3&4 Step R forward, step L next to R, step R forward

5-6 Rock L forward, recover R back

7-8 Step L forward, scuff R (swing R to right diagonal, ready for next section)

REPEAT FIRST 8 COUNTS TO RIGHT DIAGONAL: STEP TOGETHER, SHUFFLE, ROCK RECOVER, STEP, SCUFF

1-2 Step R forward, step L next to R (facing R diagonal) (1:30)

3&4 Step R forward, step L next to R, step R forward

5-6 Rock L forward, recover R back

7-8 Step L forward, scuff R

1/8 STEP, HOLD, 1/2, TOUCH, STEP KICK, CHASSE

1-2 1/8 right step R forward, hold (3:00)

3-4 Pivot ½ left (weight on L), touch R next to L (9:00)

5-6 Step R side, kick L forward

7&8 Step L side, step R next to L, step L side

ROCK, RECOVER, STEP, HOLD, SWAY X3, HOLD

1-2 Step R behind L, step L in place,

3-4 Big step R right side keeping L toe in place touching the floor (weight on R), hold

5-6 Sway L hip to left, sway R hip to right

7-8 Sway L hip to left, hold **TAG (WALLS 4 and 8, both facing 12:00)

** Tag** (Repeat last section above)

ROCK, RECOVER, STEP, HOLD, SWAY X3, HOLD

1-2 Step R behind L, step L in place,

3-4 Big step R right side keeping L toe in place touching the floor (weight on R), hold

5-6 Sway L hip to left, sway R hip to right

7-8 Sway L hip to left, hold

ROCK RECOVER, 1/8 TOUCH, HOLD

1-2 Rock R behind L, recover L in place

3-4 1/8 left, touch R next to L, hold (face L diagonal) (10:30)

Contact: sba412@gmail.com