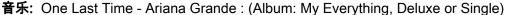
One Last Love



拍数: 32 墙数: 4 级数: Improver 编舞者: Steve Rutter (UK) & Jef Camps (BEL) - August 2017

元 Control of the con





(16 Count Intro' - 8 Secs).

Section 1 – Step Forward, Left Lock Step, Forward Rock, Walk Back, Toe Touch.

1 Step forward on right.

2&3 Step forward on Left, lock right behind left, step forward on left.

4-5 Rock forward on right, recover weight onto left.

6-7 Step back on right, step back on left
8 Touch right toe to right side (12 o'clock)

Section 2 – Cross, Hold (With Finger Snaps), Side Step, Toe Touch, Hold (With Finger Snaps), Ball Cross, ½ Hinge Turn Left, Cross.

1-2 Cross right over left, Hold and snap fingers on both hands at chest height.

&3 Step left a small step to left side, touch right toe beside left.

4 Hold and snap fingers on both hands at chest height.

&5 Step weight down onto right, cross left over right

6-7 Make a quarter turn left stepping back on right, make a quarter turn left stepping left to left

side

8 Cross right over left (6 o'clock)

Section 3 – Side Rock, Crossing Shuffle, Side Rock, Cross Behind, ¼ Turn Left.

1-2 Rock left to left side, recover weight onto right.

3&4 Cross left over right, step right to right side, cross left over right.

5-6 Rock right to right side, recover weight onto left.

7-8 Cross right behind left, make a quarter turn left stepping forward on left (3 o'clock)

Section 4 – Forward Rock, Step Back (Opening Body Out), Toe Touch, Heel Grind, Coaster Step.

1-2 Rock forward on right, recover weight onto left

3-4 Step back on right opening body out to right diagonal (right foot will be stepped back with

toes facing right diagonal), touch left toe beside right (bending left knee slightly)

5-6 Grind left heel forward (taking weight), replace weight onto right.
7&8 Step back on left, close right beside left, step forward on left.

Ending: On The Last Step Of The Dance (Coaster Step) when the music finishes take both hands together at chest height and make a heart shape, sending One Last Love to the people sadly affected in the terrorist attacks at Ariana's Concert in Manchester, England (May 2017)

Enjoy!

E-Mail Steve Rutter: steveandclaire@nulinedance.com Or Jef Camps: info@littlejeff.be

Last Update - 4th August 2017