

Jump For Joy

COPPER KNOB
STEPSHEETS

拍数: 24 墙数: 4 级数: Improver
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音乐: Jump for Joy - Big Joe Turner : (iTunes)



(Intro: count 24)

[S1] 2x Side Rock-Cross, Charleston, Coaster Step

1&2 Step R to right side, Recover weight on L, Cross R over L
3&4 Step L to left side, Recover weight on R, Cross L over R
5 6 Swing right around to touch forward, Swing right back around and step R back
7&8 Step L back, Step R next to L, Step L fwd

[S2] Step-Lock-Step, Fwd Rock, 1/2L Recover, Fwd, Side-Touch, Side-Touch, Run-Run-Run

1&2 Step R fwd, Step L behind R, Step R fwd
3&4 Rock/step L fwd, Recover weight on R turning 1/2L, Step L fwd
&5&6 Step R to right side, Touch L next to R, Step L to left side, Touch R next to L
7&8 Run fwd RLR (6:00)

[S3] Step Paddle 1/4R, Cross, Side Rock, Cross, Side Rock, Cross, Side point, Sailor 1/2R, Cross Point

1&2& Step L fwd, Turning 1/4R weight on R, Cross L over R, Step R to right side
3&4& Recover weight on L, Cross R over L, Step L to left side, Recover weight on R
5 6 Cross L over R, Point R toe to right side
7&8 Sweep R around L whilst turning 1/2R on left foot and stepping R back, Step L next to R, Cross point R over L (3:00)

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